

Key Spouse Connect Meeting Update

12July16

Announcements

- Key Spouse Appreciation Night is in the planning stages. Please mark the evening of September 30th on your calendars and stand by for updates.
- Air Force 101: Heart Link is planned for September 1st. Flyers will be sent out soon and we thank you in advance for spreading the word!!! We will be providing information about the dress code and childcare in the flyers to make the marketing process easier and we thank you for your input!
- Operation Hele-On will be held on August 19th and children ages 8-14 are invited to participate in this mock AF deployment. Please sign up by August 5th at the Military and Family Support Center (MFSC). Please send an email to MFSCHawaii@navy.mil if you or someone you know is interested in volunteering.
- Please check out calendar for new training dates and make sure to sign up! Don't forget to register for the Potluck Social that is being sponsored by the 15th Wing Sexual Assault Response Coordinators (SARC)! A reminder will be sent out soon.
- October is Domestic Violence Awareness Month and we have asked our Domestic Abuse Victim Advocates (DAVA) to join us at the next meeting. This is a great opportunity to find out a little more about their role as well as the events that are planned for October. We will postpone the Key Spouse binder workshop until our November meeting.

Helpful Tip

If you aren't familiar with the phone application titled "Virtual Hope Box" please check it out! It has simple tools to help you relax, stay positive and cope with daily struggles. This could be a great tool to share with your deployed families.

Operation Homefront

Per your request, contact information for Operation Homefront Hawaii is below:

Brittney Arruza
Community Liaison
Operation Homefront Hawaii
808-238-2233
Brittney.arruza@operationhomefront.net

Facebook Page

Please be aware that there is a Facebook page for Key Spouses called "JBPHH Key Spouses." This group has so much potential. We hope it can be a place to come together to share knowledge and be proactive in creating solutions. There are so many different streams of information on this base, we hope this can be a place for all those streams to join and create great synergy.

*** If you know of any upcoming events please email MFSCHawaii@navy.mil so the event description and details can be posted on this page!

Key Spouse Web Page

Thank you for your suggestions. Check the right hand side of the web page under "Downloads" for a link to the Air Force Aid Society website.

Contact us!

We are here to serve. Please let us know if you would like to set-up or request a specific training for a future Connect meeting. This is YOUR time to network, learn and share so please be proactive in making these meetings a success!