

Hale Aina Dining Facility

Hickam Bldg. 1860

Phone #.....449-1666

Menu Line449-3357



GO FOR GREEN PERFORMANCE NUTRITION

- High Performance Foods – **EAT OFTEN**
- Moderate Performance Foods – **EAT OCCASIONALLY**
- Low Performance Foods – **EAT RARELY**

The food items in this facility are labeled green, yellow, and red for your convenience and to encourage you to eat healthy.

Menu Subject to Change.



DATE	LUNCH	DINNER	LUNCH SPECIAL
THU 1	<ul style="list-style-type: none"> ● Southwestern Shrimp Linguine ● Grilled Chicken w/ Mustard Sauce ● Steak Ranchero 	<ul style="list-style-type: none"> ● Mr. Z's Baked Chicken ● Sweet and Sour Spareribs 	<ul style="list-style-type: none"> ● Grilled Beef & Provolone ● Chicken BLT Wrap w/Aioli ● Chicken/Beef Quesadilla
FRI 2	<ul style="list-style-type: none"> ● Ginger BBQ Chicken ● Beef Ball Stroganoff ● Chicken Cordon Bleu 	<ul style="list-style-type: none"> ● Shrimp Jambalaya ● Beef & Corn Pie 	<ul style="list-style-type: none"> ● Grilled Beef & Provolone ● Chicken BLT Wrap w/Aioli ● Fishwich
SAT 3	<ul style="list-style-type: none"> ● Pork Adobo ● Southern Fried Chicken 	<ul style="list-style-type: none"> ● Zesty Pork Chops ● Asian Bourbon Beef & Vegetables over Noodles 	<ul style="list-style-type: none"> ● Grilled Beef & Provolone ● Chicken BLT Wrap w/Aioli ● Chicken Nuggets
SUN 4	<ul style="list-style-type: none"> ● Jerk Roast Turkey ● Swiss Steak w/Brown Gravy 	<ul style="list-style-type: none"> ● Shrimp Chop Suey ● Teriyaki Steak 	<ul style="list-style-type: none"> ● Grilled Beef & Provolone ● Chicken BLT Wrap w/Aioli ● Chinese Egg Rolls
MON 5	<ul style="list-style-type: none"> ● Baked Fish w/Lemon Garlic Butter ● Beef Ball Stroganoff ● Southern Fried Chicken 	<ul style="list-style-type: none"> ● Baked Turkey Roulade Florentine ● Baked Dijon Pork Chop 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Cuban Midnight Sandwich ● Mozzarella Sticks /Jalapeno Poppers
TUE 6	<ul style="list-style-type: none"> ● Turkey a la King ● Grilled Pork Chops ● Yankee Pot Roast 	<ul style="list-style-type: none"> ● Baked Salmon ● Easy Chow Mein w/Chicken 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Cuban Midnight Sandwich ● Beef Tacos
WED 7	<ul style="list-style-type: none"> ● Caribbean Chicken ● Baja Fish Tacos ● Cantonese Spareribs 	<ul style="list-style-type: none"> ● Herbed Baked Chicken ● Chili Mac 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Cuban Midnight Sandwich ● Buffalo Wings
THU 8	<ul style="list-style-type: none"> ● Grilled Salmon w/Citrus Butter ● Baked Chicken ● BBQ Beef Cubes 	<ul style="list-style-type: none"> ● Pork Roast Tenderloin ● Beef Stew 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Chicken/Beef Quesadilla
FRI 9	<ul style="list-style-type: none"> ● Stir Fry Chicken w/Broccoli ● Shrimp Chop Suey ● Sweet and Sour Spareribs 	<ul style="list-style-type: none"> ● Lemon Pepper Catfish ● Braised Beef & Noodles 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Fishwich
SAT 10	<ul style="list-style-type: none"> ● Eggplant Parmesan ● Ground Turkey Lasagna ● Parmesan Crusted Pork Chop 	<ul style="list-style-type: none"> ● Roast Turkey ● Beef Pot Pie 	<ul style="list-style-type: none"> ● Chicken Nuggets
SUN 11	<ul style="list-style-type: none"> ● Pepper Steak ● Pineapple BBQ Meatballs ● Mambo Pork Roast 	<ul style="list-style-type: none"> ● Ginger BBQ Chicken ● Teriyaki Steak 	<ul style="list-style-type: none"> ● Southwestern Chicken Wrap ● Chinese Egg Rolls
MON 12	<ul style="list-style-type: none"> ● Roast Turkey ● Chicken Dijon ● Cajun Meatloaf 	<ul style="list-style-type: none"> ● Tuna Noodles ● Polish Sausage 	<ul style="list-style-type: none"> ● Hot Italian Sausage Sandwich (Red) ● Shrimp Salad Pita (Yellow) ● Mozzarella Sticks /Jalapeno Poppers
TUE 13	<ul style="list-style-type: none"> ● Cajun Chicken ● Pork Vindaloo ● Grilled Steak 	<ul style="list-style-type: none"> ● Pork Chops w/Pineapple Asian Glaze ● Sweet and Spicy Orange Salmon 	<ul style="list-style-type: none"> ● Hot Italian Sausage Sandwich ● Shrimp Salad Pita ● Beef Tacos

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WED 14	<ul style="list-style-type: none"> Grilled Salmon w/ Citrus Butter Mexican Baked Chicken Ground Beef Enchiladas 	<ul style="list-style-type: none"> Chicken a la King Beef and Corn Pie 	<ul style="list-style-type: none"> Hot Italian Sausage Sandwich Shrimp Salad Pita Buffalo Wings
THU 15	<ul style="list-style-type: none"> Stuffed Green Peppers Creole Shrimp Hot and Spicy Chicken 	<ul style="list-style-type: none"> Honey Ginger Chicken BBQ Spareribs 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Chicken/Beef Quesadilla
FRI 16	<ul style="list-style-type: none"> Pork Roast Tenderloin Beef Yakisoba 	<ul style="list-style-type: none"> Santa Fe Glazed Chicken Southern Fried Catfish 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Fishwich
SAT 17	<ul style="list-style-type: none"> Turkey Nuggets Salisbury Steak 	<ul style="list-style-type: none"> Grilled Pork Chops Chinese Five-Spice Chicken 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Chicken Nuggets
SUN 18	<ul style="list-style-type: none"> Shrimp Jambalaya Southern Fried Chicken 	<ul style="list-style-type: none"> Spinach Lasagna Spaghetti w/Meat Sauce 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Chinese Egg Rolls
MON 19	<ul style="list-style-type: none"> Savory Baked Chicken Grilled Ribeye Steak 	<ul style="list-style-type: none"> Mediterranean Salmon Cantonese Spareribs 	<ul style="list-style-type: none"> Grilled Beef & Provolone Mozzarella Sticks /Jalapeno Poppers
TUE 20	<ul style="list-style-type: none"> Baja Baked Cod Chicken Fajitas Steak Ranchero 	<ul style="list-style-type: none"> Zesty Pork Chops Swiss Steak w/Brown Gravy 	<ul style="list-style-type: none"> Grilled Beef & Provolone Beef Tacos
WED 21	<ul style="list-style-type: none"> Shrimp Kebab Baked Turkey and Noodles Beef and Corn Pie 	<ul style="list-style-type: none"> Grilled Chicken w/ Mustard Sauce Yankee Pot Roast 	<ul style="list-style-type: none"> Grilled Beef & Provolone Chicken BLT Wrap w/Aioli Buffalo Wings
THU 22	<ul style="list-style-type: none"> Lemon Pepper Baked Chicken Baked Dijon Pork Chop Chili Mac 	<ul style="list-style-type: none"> Turkey Swedish Meatballs Parmesan Crusted Pork Chop 	<ul style="list-style-type: none"> Grilled Beef & Provolone Chicken BLT Wrap w/Aioli Chicken/Beef Quesadilla
FRI 23	<ul style="list-style-type: none"> Southern Fried Chicken Fried Catfish BBQ Spareribs 	<ul style="list-style-type: none"> Beef Ball Stroganoff Stuffed Fish 	<ul style="list-style-type: none"> Grilled Beef & Provolone Chicken BLT Wrap w/Aioli Fishwich
SAT 24	<ul style="list-style-type: none"> Beef Stew BBQ Chicken 	<ul style="list-style-type: none"> Pineapple BBQ Meatballs Hot and Spicy Chicken 	<ul style="list-style-type: none"> Grilled Beef & Provolone Chicken BLT Wrap w/Aioli Chicken Nuggets
SUN 25	<ul style="list-style-type: none"> Chicken Bulgogi Teriyaki Steak 	<ul style="list-style-type: none"> Roast Turkey Braised Beef & Noodles 	<ul style="list-style-type: none"> Grilled Beef & Provolone Chicken BLT Wrap w/Aioli Chinese Egg Rolls
MON 26	<ul style="list-style-type: none"> Orzo w/ Spinach, Tomato, and Onion Shrimp Scampi Chicken Parmesan 	<ul style="list-style-type: none"> Mexican Pork Chops Chicken Enchiladas 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Mozzarella Sticks /Jalapeno Poppers

DATE	LUNCH	DINNER	LUNCH SPECIAL
TUE 27	<ul style="list-style-type: none"> Shrimp Kebab Orange Rosemary Pork Chop Chicken Cordon Bleu 	<ul style="list-style-type: none"> Pork Roast Tenderloin Pacific Salmon w/Maple Ginger Glaze 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Beef Tacos
WED 28	<ul style="list-style-type: none"> Santa Fe Glazed Chicken Sweet and Spicy Orange Salmon Stuffed Baked Pork Chops 	<ul style="list-style-type: none"> Mr Z's Baked Chicken Beef Fajitas 	<ul style="list-style-type: none"> Open-Faced Chicken Caprese Sandwich Buffalo Wings

Vegetarian Meals

Mondays – Pasta Bar

Tuesdays – Potato Bar

Wednesdays – Cheese Manicotti

Thursdays – Italian Broccoli Pasta

Fridays – Cheese Tortellini w/Marinara Sauce

Feb 10 & 11 – UTA Reserves

Feb 16 – PACAF Family Day

Feb 19 – President's Day

Feb 23 – African American Heritage Meal

MEMBERS AUTHORIZED TO EAT IN HALE AINA:

- Enlisted members on meal card.
- Enlisted members receiving basic allowance for subsistence.
- Active duty officers.
- TDY personnel (officers, enlisted, & civilians) directed to dine at the DFAC as stated on orders.
- Authorized guardsmen and reservists on UTA drills and IDT orders.
- Spouses and dependents accompanied by the military member.
- Authorized special groups and organization.