

GREAT *Life* HAWAII

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NAVY ENTERTAINMENT PRESENTS

HUNTER HAYES

IN CONCERT AT WARD FIELD • OCTOBER 17

THE ORIGINAL
★ HARLEM ★
GLOBETROTTERS®

OCTOBER 16 AT BLOCH ARENA

SEE PAGE 4 FOR DETAILS



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OCTOBER

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Sync your personal device's calendar with ours to keep up with all our events. It's free and it travels with you. Sign up today at www.greatlifehawaii.com.



Sign up at www.greatlifehawaii.com for emails about MWR and MFSC programs and activities delivered right to your inbox each week.

GREAT LIFE HAWAII: OCTOBER 2017

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On the cover: Hunter Hayes live in concert on October 17th .

At right: Julie Mills, recreation assistant at MWR Outdoor Adventure Center takes a group out paddleboarding in Hale'iwa on the Anahulu Stream.

FIND A JOB, START A CAREER

Read three different stories about how MWR employees got their start working on Joint Base Pearl Harbor Hickam.





THE ORIGINAL
HARLEM
GLOBETROTTERS®

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NAVY
ENTERTAINMENT

Be part of a special ESPN TV taping



MONDAY, OCT 16 • 6:30PM • BLOCH ARENA • JOINT BASE PEARL HARBOR-HICKAM

GATES OPEN AT 4:30 PM

TICKET DISTRIBUTION BEGINS WEDNESDAY, OCT 4. AT FLEET
STORE AND WAHIAWA ANNEX ITT OFFICES, WHILE SUPPLIES LAST.
ALL TICKETS ARE FOR GENERAL SEATING.

IMPORTANT EVENT INFORMATION

Open to DoD ID Cardholders & their sponsored guests. Authorized items include water bottles & hydroflasks with water and small clutches. All items are subject to search. For safety reasons, outside food & beverages (with the exception of water), backpacks & purses (other than small clutches), BBQs, tents, animals, glass & coolers are NOT AUTHORIZED. Gate will have 100% ID check. All cardholders and their guests must carry a government issued ID. Allow time for security checks at event entrances. Schedule of events are subject to change without notice.



For more ticket info visit
www.greatlifeohawaii.com





Navy Entertainment presents

HUNTER HAYES

FREE CONCERT

TUESDAY, OCT. 17



WARD FIELD JOINT BASE PEARL HARBOR-HICKAM
GATES OPEN AT 5:30PM | CONCERT BEGINS 7:30PM



HAWAIIAN HOEDOWN

PRESENTED BY AT&T

5:30PM
WARD FIELD

~★ **FREE** ★~

**BEFORE THE
HUNTER HAYES
CONCERT**

LIVE BLUE GRASS MUSIC ★ COUNTRY LINE DANCING LESSONS
FOOD AND DRINKS FOR PURCHASE ★ FREE GAMES IN OUR CORRAL

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No official endorsement intended

FIND A JOB, START A CAREER

BY REID TOKESHI



When you're ready to work for organizations that provide quality services to military families, check out www.greatlifehawaii.com/jobs and www.usajobs.gov.

GETTING PAID TO DO WHAT YOU LOVE

Julie Mills works part-time as a recreation assistant at the MWR Outdoor Adventure Center (OAC). As a guide for the past two years, she takes customers on outdoor activities such as kayaking, snorkeling, stand up paddle boarding and more.

"I'm very outdoorsy so I love to do every single thing they ask me to do here," says Mills. A U.S. Coast Guard spouse, she previously planned outings like this for her spouses association. Now she gets paid to take groups on these trips and share what she loves with her customers.

"I like to watch people when they're really nervous to go kayaking or something. You can tell

sometimes the fear is palatable," exclaims Mills. "By the end of the trip they're like 'Oh my god that was so awesome!' and you get to share that experience."

In her case, Mills also found a job that fits her schedule. "It's super flexible, so if I have things going on with my kid's school, I can – in advance – put that in my schedule." With her position, she's not tied to a Monday through Friday, strict 9 to 5 schedule. "I do have to work weekends. But it's not really working if you're taking someone kayaking right?"

OAC requires their guides to be certified in several areas, including ocean lifeguard and CPR. Mills received this training and certification for free.

As a part-timer, she also is eligible for paid holidays, sick leave and other benefits.

Mills points out that being in the MWR system also means it's easier when it's time to move. "It gives you a lot of flexibility for transfers or when you PCS," she explains. You've already done many of the steps that someone off the street would have to complete in the application process.

Not that Mills sees herself leaving anytime soon. "I like where I'm at. I wouldn't leave if I didn't have to. It fit my lifestyle and it's a dream job for me."



STARTING SOMETHING NEW

Eleftheria “Teri” Stolatís is a flex employee at the Information, Tickets and Travel (ITT) office. Her job is to inform customers about the attractions and activities in Hawaii, then help them purchase tickets at discounted ITT prices. Unlike Mills, Stolatís has only been with MWR since August.

Working in a family business all her life, this was a whole new environment. “I’ve never worked in any government job before this. I’m new to government,

MWR, Navy, new to it all.” She wanted to give back to the military and thought a supporting role would be a great place to start. Thus far, she likes what she’s experienced.

“I love it. Every day I go to work happy and I leave happy. And I haven’t been able to say that for a long time,” says Stolatís. “The people that I work with are fantastic, the environment here in Hawaii is tremendous.”

One part of the job she really likes is the interaction with the customers. “It’s interesting to hear their stories and see the different backgrounds that they come from; different places and accents; finding out how long they’ve been here or if they’re just visiting.”

Stolatís took the ITT position as a way to get her foot in the door to the system. She would eventually like to get a full-time position for the stability and benefits, adding, “It would be a welcome change in my life.”

When looking for a job, what’s important can vary for each person. Work that is fun and interesting may be a must. A job that can lead to a career could be a priority. Maybe it’s about doing something new or different. Whatever your reason, there’s a good chance you can find something that fits here on the base.



DISCOVER YOUR CAREER

Sometimes one step in a different direction can lead to a new career. Like Stolatís, Alejandra Sanchez began as a flex employee. She wanted a job with more stability and possibility for advancement. In 2012, a friend suggested she try working with Child & Youth Programs (CYP). Five years later, she is the Child & Youth Director at the Pacific Missile Range Facility on the island of Kauai.


“I was a little worried because as much as I love children, my bachelor’s degree was not in education,” says Sanchez. “My friend assured me that CYP will offer the necessary training and hands-on experience for me to become competent in the job.”

Sanchez got hired as a full-time entry-level CYP assistant at one of the Child Development Centers (CDC). “Working with children is intense, but it is rewarding in the sense that children find special ways to thank you for what you do.”

Over the next few years, she moved up the ladder, to intermediate then primary caregiver. When a position for a CYP leader opened on Kauai, she jumped at the chance. About a year later the CYP director left, Sanchez applied and was appointed to the position.

Sanchez gives a lot of credit to the unconditional support she received along the way. “In the beginning

of my career, I had several trainers, and CDC directors that believed in me.” As she advanced, her mentors gave her the motivation and support to keep growing. Sanchez adds that CYP provides the education and training to succeed. “There is room to grow. Once you collect years of experience, and advance in your education, you can start a career in the management area.”

One other advantage to working at CYP: it is present in all U.S. Navy bases that allow active duties to bring their families. “Working for CYP can open the doors to transfer to other Navy facilities in the U.S. and around the world,” explains Sanchez. 



**The Hickam
Arts & Crafts Center
Presents**

42nd Annual Fall Craft Fair

Saturday, November 4 | 9 am - 3 pm

**Featuring over 120 booths selling original
handmade arts and crafts! Just in time for
Holiday gift shopping.**

**Enjoy: Live Entertainment, Pony Rides, Great
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For more information call 448-9907 | www.greatlifehawaii.com

Hickam Arts & Crafts Center: 335 Kuntz Ave., Bldg. 1889



HICKAM AND ARTS CENTERS

335 Kuntz Ave., Bldg. 1889 • 448-9907

OCT | NOV | DEC

TEEN/ADULT CLASSES

Ceramics & Pottery

WHEEL THROWING WITH JOEL PARK

One class per week for 6 weeks

Wednesdays, 6–8:30 p.m.

Oct 25 – Dec 6 (no class Nov 22)

Thursdays, 6–8:30 p.m.

Oct 26 – Dec 7 (no class Nov 23)

Fridays, 9–11:30 a.m.

Oct 27 – Dec 15 (no class Nov 10 & 24)

Saturdays, 9–11:30 a.m.

Oct 28 – Dec 16 (no class Nov 11 & 25)

Ages 16 and older

\$70 per person (plus supplies)

Creating ceramic forms on the potter's wheel will be the main focus of this class. Functional as well as decorative ceramics will be explored. All of the fundamentals will be covered as well as advanced techniques. The class will progress at each individual's speed.

ADULT HAND-BUILDING WITH CLAY WITH ROCHELLE LUM

One class per week for 4 weeks:

Thursdays, 6–8:30 p.m.: **Oct 5–26 • Nov 9–Dec 7**
(no class Nov 23)

Saturdays, 9 a.m.–Noon: **Oct 7 – 28 • Nov 4–Dec 2**
(no class Nov 11)

Ages 16 and older

\$55 per person (plus supplies)

This class is perfect for those interested in learning basic ceramic techniques: pinch-pots, coil building, etc. Students will also learn about underglaze and glaze technique by learning the entire process and how clay is transformed.

Drawing & Painting

CREATIVE PAINTING TECHNIQUES WITH DENNIS MCGEARY

One class per week for 4 weeks: Tuesdays, 3:15–5:15 p.m.

Oct 3 – 24 • Nov 7–28 • Dec 5–26

Ages 12 and older

\$80 per person (plus supplies)

Create unique textures and patterns by combining acrylic paint with various mixed media techniques to create artworks that are fun and engaging. Discover techniques to create interesting surfaces and intriguing effects.

HAWAII LANDSCAPE PAINTING WITH DENNIS MCGEARY

One class per week for 4 weeks

Tuesdays, 5:45–7:45 p.m.: **Oct 3 – 24 • Nov 7–28 • Dec 5–26**

Ages 12 and older

\$75 per person (plus supplies)

Learn to create landscape and seascape scenes using traditional painting techniques with acrylics on canvas. The course includes application, composition, color mixing and techniques.

BEGINNING ADULT WATERCOLOR WITH JEFF SANDERS

One class per week for 6 weeks: Tuesdays, 6–8 p.m.

Nov 7–Dec 12

Ages 16 and older

\$70 per person (plus supplies)

Learn how to use basic tools, techniques and procedures of watercolor. Students will apply these practical elements of art to compose and paint pictures.

CONTINUING ADULT WATERCOLOR WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 6–8 p.m.

Gallery Showcase

ARTS & CRAFTS GALLERY SHOWCASE OPENING RECEPTION

Wednesday, Oct. 4 • 5:30–7 p.m.

Arts & Crafts Center Gallery



An elegant evening event with appetizers and music. All submissions will be on display at the Arts and Crafts Center Gallery from Oct. 4, 2017 to Jan. 2018. There is so much wonderful talent here within the Hawaii military community. Don't miss this show!

Nov 2–Dec 14 (no class Nov 23)

Ages 16 and older

\$70 per person (plus supplies)

This course is structured as a continuation of the beginning class. The focus is on additional techniques and exercises, pictorial composition, guidance for self-directed projects and providing a place for those who find it difficult to work at home.

Framing

BASIC PICTURE FRAMING WITH MARIALAINE FIGUERRES

This is a one-day class.

Offered on select Mondays or Saturdays, 9 a.m. – 1 p.m.

Ages 16 years and older

\$80 (supplies included)

Students will learn how to measure and cut a double mat for a 5 x 7 art work. We will also teach you how to use a joiner to make a wood frame. The class will finish with complete assembly of glass, foam core, backing and hanger. Upon completion, you will be given a certificate allowing you to use our facility as a "self-help" customer. Please call 449-2453 for specific dates.

Glassworks

Please wear shoes. Long pants recommended

BEGINNING GLASS FUSING WITH JESSICA FITZGERALD

One class per week for 2 weeks: Thursdays, 5–7 p.m.

Oct 12 – 19 • Nov 16–30 (no class Nov 23)

Thursdays, 5:30–7:30 p.m. • **Dec 7–14**

(continued on next page)

Ages 16 and older

\$40 per person (plus supplies)

A basic introduction to kiln-formed glass. Students will learn how to cut, fuse and slump sheet glass to create their own functional works of art. In doing so, they learn about the basics of heat and time in relation to glass. By the end of each class, students will have at least one plate/platter to take home.

PAINTING WITH GLASS WITH JESSICA FITZGERALD

One class per week for 3 weeks Wednesday, 5:30–7:30 p.m.

Oct 11 – 25 • Nov 15–29 • Dec 13–27

Ages 16 and older

\$65 per person (plus supplies)

Students will learn about frit (coarse sand-like particles of crushed-up glass) and how it can be used to create permanently fused designs on sheet glass. Frit is an entirely unique way of working with glass, and this class allows students to discover new and interesting ways of creating designs in glass. At the end of the class students can use their new glass drawings in small slumping projects that will turn their pieces into functional works of art. Glass experience recommended.

ORNAMENTS AND SUN CATCHERS WITH JESSICA FITZGERALD

This is a one-day class.

Mondays, 5:30–7:30 p.m.: **Dec 4, 11**

Wednesday, 5:30–7:30 p.m.: **Dec 6**

Thursday, 5:30–7:30 p.m.: **Oct 5, 26 • Nov 9**

Ages 16 and older

\$25 per person (plus supplies)

This quick fun class will cover different fusing methods and fun creative ways to use up scrap glass. Students will get to utilize their extra glass to make bright beautiful sun catchers and ornaments to hang in the window or give as gifts. Glass experience required.

Photography

BASIC DIGITAL PHOTOGRAPHY WITH RON STEINER

One class per week for 4 weeks

Tuesdays, 6–8 p.m.: **Oct 3 – 24 • Nov 7–28**

Wednesdays, 10 a.m.–Noon: **Oct 4 – 25 • Nov 8–29**

Ages 14 and up

\$70 per person (plus supplies)

Students will learn how to use their cameras to achieve various photographic techniques and understand digital photographic terminology and concepts. Lighting, framing and composition will be discussed to achieve quality images with a wide variety of examples provided. Low light, nature, sports, and leisure photography will no longer be guesswork.

TRADITIONAL FILM DARKROOM B&W PRINTING WITH RON STEINER

One class per week for 3 weeks: Saturdays, 9 a.m.–Noon

Oct 7 – 21 • Nov 4–18

Ages 16 and up

\$75 per person (plus supplies)

This class will cover the developing of black and white film, printing a contact sheet and making enlargements from the processed negatives. You can use any film camera, 35mm film and larger. You can make B&W prints from old negatives as well. Upon completion, students will be able to use the lab for processing film and printing at nominal fees.

Quilting & Sewing

HANDMADE FOR THE HOLIDAYS WITH AMANDA BUSSEY

One class per week for 6 weeks: Wednesdays, 6–8 p.m.

Oct 18 – Nov 29 (no class Nov 22)

Ages 14 and older

\$85 per person (plus supplies)

Are you looking for new gift ideas this holiday season? Do you have that one person on your list that you struggle to buy a gift for? This class will offer a variety of patterns to choose from for making that perfect gift. No matter what your skill level, there is a project that everyone will be able to complete. You must have your own sewing machine as well as basic sewing skills.

HAWAIIAN QUILTED PILLOW WITH SUE ZANE WILLIAMS

One class per week for 4 weeks: Tuesdays, 9–11 a.m.

Oct 3 – 24 • Nov 7–28

Ages 14 and older

\$35 per person (plus supplies)

Students will learn the “snowflake” method of cutting out a Hawaiian motif and the technique of needle-turn appliqué to apply the design to a background fabric. These hand-quilting concepts will allow students to complete a beautiful Hawaiian-style pillow.

MACHINE QUILTING WITH KYONG ANGUAY

One class per week for 4 weeks: Saturdays, 9 a.m.–Noon

Oct 7 – 28 | Holiday Project

Nov 18–Dec 16 (no class Dec 9) | **Holiday Project**

Dec 23 – Jan 13 | Disappear Nine Patch Quilt

Ages 16 and older

\$100 per person (plus supplies)

Learn how to cut fabric and assemble the pattern while learning quilting tips and how to complete a quilt from start to finish. Must have your own sewing machine.

MACHINE SEWING BAGS & MORE WITH KYONG ANGUAY

One class per week for 4 weeks: Saturdays, 1–4 p.m.

Oct 7 – 28 | Holiday Project

Nov 18–Dec 16 (no class Dec 9) | **Holiday Project**

Dec 23–Jan 13 | Beach Bag

Ages 14 and older

\$100 per person (plus supplies)

Put the fun back in functional! Students will learn a variety of sewing techniques while making home décor and accessory-focused projects. Must have your own sewing machine and basic sewing skills. Students may bring their own project to any of the classes, as well.

Woodworking

Pre-registration is necessary to secure a spot for all woodworking classes. Call 448-9911 to pre-register.

WOOD SHOP SAFETY CLASS

This is a one-day class.

Offered on select Saturdays,

4:30–7:30 p.m. (arrive 15 minutes prior to class to sign in)

Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)

\$20

This 3-hour class will emphasize the proper and safe use of the different equipment in our shop. After completion of the class, you will be issued a wood shop safety certification card enabling use of the shop tools and equipment.

PEN TURNING CLASS

This is a one-day class.

Offered select Saturdays & Sundays, 7:30–11:30 a.m.

Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)

\$50 (supplies included)

This class will emphasize the basic uses of the lathe. Students will learn the steps to turn their own koa pen. This class is required for use of the lathe during shop hours. Pre-registration is necessary to secure a spot for the class. *Must take the safety class prior.*

SAFETY CLASS WITH PEN TURNING

This is a one-day class.

Offered select Saturdays & Sundays, 7:30–11:30 a.m.

Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)

\$50 (supplies included)

This class will emphasize safety in the shop as well as the specific equipment needed to turn a pen. Once the safety portion is completed, students will make their own pen to take home. Pre-registration is necessary to secure a spot for the class.

BOWL TURNING CLASS

One class per week for 2 weeks.

Offered select Saturdays & Sundays, 7:30–11:30 a.m.

Ages 12 years & older (ages 12–15 must be accompanied by a parent or guardian)

\$85 (supplies included)

The class will explore more the uses for the lathe by learning additional tools and techniques for turning larger items. Pre-registration is necessary to secure a spot for the class. *Must take the safety class & the pen turning class prior.*

CUTTING BOARD CLASS

One class per week for 3 weeks.

Offered select Fridays, 5–9 p.m.

Offered select Saturdays & Sundays, 7:30–11:30 a.m.

Ages 16 years & older

\$135 (supplies included)

Students will learn to build their own end-grain cutting board from strips of wood. The process shows how to prep your wood from rough lumber and goes into proper glue-up techniques to make a seamless cutting board. Pre-registration is necessary to secure a spot for the class. *Must take the safety class prior.*

KEEPSAKE BOX CLASS

One class per week for 4 weeks.

Offered select Fridays, 5–9 p.m.

Offered select Saturdays & Sundays, 7:30–11:30 a.m.

Ages 16 years & older

\$135 (supplies included)

Students will learn to build their own keepsake box. The process shows how to prep your wood from rough lumber and to use a miter joint to fit your box together. Pre-registration is necessary to secure a spot for the class. *Must take the safety class prior.*

EVENTS & ACTIVITIES

2017 ARTS & CRAFTS GALLERY SHOWCASE

Opening reception: **Oct 4 | 5:30–7 p.m.**

Gallery display: **Oct 4, 2017–Jan 2018**

An elegant evening event with appetizers and music. All submissions will be on display at the Arts and Crafts Center Gallery from Oct. 4, 2017 to Jan. 2018. There is so much wonderful talent here within the Hawaii military community. Don't miss this show!

DON'T MISS THE HICKAM 42ND ANNUAL FALL CRAFT FAIR

Saturday, Nov 4 | 9 a.m.–3 p.m.

This event features over 120 booths of original handmade arts and crafts (just in time for your Holiday shopping), live entertainment, pony rides, games, great food, make-n-takes and more!

Are you an artisan and would like to participate in our Fall Craft Fair? Register now in the Arts and Crafts Center

Ceramics Shop (Open Tue – Sat 9 a.m. – 5 p.m.). All items sold at our craft fairs MUST be handmade by you! Please bring items or photos of items for screening at time of registration. Don't delay, spaces are filling up fast! \$75 for 15x15 space \$105 for two to share a space

FALL CRAFT CAMP

Tuesday, Oct 10–Friday, Oct 13 | 10 a.m.–12 p.m.

Arts & Crafts Center

\$60 per Child

Ages 7 and up

Sign up Now, class fills up FAST! There's no limit to the beauty a child can create when given some instruction and artistic freedom.

PAINT 'N' SIP

Wednesdays, 5:30–8:30 p.m.

Historic Hickam Officers' Club

\$40 per person (\$20 non-refundable deposit online, \$20 at the door)

Our instructor leads you step-by-step through the featured painting of the night. You'll leave with your own completed painting on canvas. All art supplies included. Cocktails and food will be available for purchase from the Koa Lounge. Online registration at <http://www.greatlifehawaii.com/recreation/arts-crafts/ac-online-registration>.

PICK & PAINT CERAMICS

Tuesday–Saturday | 9 a.m.–5 p.m.

Arts & Crafts Center

From kid's figurines to large serving platters, we have an extensive selection of pottery ready for you to personalize. We provide glaze, brushes, stencils and sponges. You pick it, you paint it, and we fire it. Price varies by piece and includes glaze, firing, supplies and studio time. All ages welcome.

CHILDREN'S CLASSES & CAMPS

YOUTH WOODWORKING SAFETY CLASS WITH PEN TURNING

This is a one-day class.

Offered on select days/times.

Ages 12–16 years old (ages 12–15 must be accompanied by a parent or guardian)

\$60 (supplies included)

This class will emphasize safety in the shop, as well as the specific equipment needed to turn a pen. Once the safety portion is completed, students will make their own pen to take home. Pre-registration is necessary. Call 448-9911 to find out when classes are offered and to reserve your spot.

YOUNG ARTIST HAND-BUILDING WITH CLAY WITH ROCHELLE LUM

One class per week for 4 weeks:

Thursdays, 3–4:30 p.m.: **Oct 5–26 • Nov 9–Dec 7** (no class Nov 23)

Ages 7–12 years old

\$45 per person (plus \$15 fee payable to Ceramics Dept.)

This class is perfect for the young artist interested in learning basic pottery techniques: pinch-pots, coil building, etc. Students will also learn about underglaze and glaze technique by learning the entire process and how clay is transformed.



INTERMEDIATE SEWING FOR KIDS WITH AMANDA BUSSEY

One class per week for 5 weeks: Mondays, 6–8 p.m.

Oct 16 – Nov 13

Ages 9–13

\$85 per person (plus supplies)

This class is designed for kids who already have basic sewing experience. We will build on the fundamentals taught in beginner classes. Students will complete a more advanced project using a commercial pattern. Students must have their own sewing machine as well as basic sewing skills.

ANIMALS IN ART WITH CAROLINE RIDEOUT

One class per week for 4 weeks: Wednesdays, 3:30–5 p.m.

Oct 25 – Nov 15 • Nov 29 – Dec 20

Ages 5–12

\$60 per person (supplies included)

Animals are a favorite subject of artists of all ages. Using painting, drawing, and paper cutting techniques, we will create a variety of our own fun animal creations. From painted lions to paper owls, we will create a menagerie of wildlife over the course of the session.

FUNDAMENTALS OF ART FOR HOMESCHOOL WITH CAROLINE RIDEOUT

One class per week for 4 weeks: Tuesdays, 2–3:30 p.m.

Oct 24 – Nov 14 • Nov 28 – Dec 19

Ages 5–12

\$60 per person (supplies included)

This class is geared towards homeschool students who are interested in furthering their understanding of art. We will explore a variety of mediums, including pencil, paint, and pastel to create visually stunning masterpieces. Students can also expect to learn about important figures in art history. Instruction will be tailored to each child, so students of a variety of ages are encouraged to apply.

HOLIDAY ORNAMENT MAKING WITH CAROLINE RIDEOUT

One time class: Saturday, 10:30 a.m.–12 p.m.

Dec 9 • Dec 16

Ages 5–12

\$25 per person (supplies included)

The holiday season comes alive when children are able to craft ornaments and other holiday pieces. This class will encourage your child's creativity, and each student will create a homemade ornament that will bring a touch of imagination to your holidays.

OCEAN EXPLORERS WITH CAROLINE RIDEOUT

One class per week for 4 weeks: Thursdays, 3:30–5 p.m.

Oct 26 – Nov 16 • Nov 30 – Dec 21

Ages 5–12

\$60 per person (supplies included)

In this class, we will use watercolor painting and drawing techniques to explore the undersea world. Students will learn how to draw and paint a variety of sea life, including turtles, fish, and dolphins. In addition, we will explore unique watercolor painting techniques, including wax resist, marbling, and brushwork.

AFTER-SCHOOL WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Tuesdays, 3:45–5:15 p.m.

Nov 7–Dec 12

Ages 7 and up

\$70 per person (plus supplies)

In this class, youth will paint a watercolor wheel; learn color theory as we mix the paints and their components. Brush techniques and paper information will be taught as they paint.

HOME-SCHOOL WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 1:30–3 p.m.

Nov 2–Dec 14 (no class Nov 23)

Ages 7 and up

\$70 per person (plus supplies)

In this class, youth will paint a watercolor wheel; learn color theory as we mix the paints and their components. Brush techniques and paper information will be taught as they paint.

CONTINUING CHILDREN'S WATERCOLOR CLASSES WITH JEFF SANDERS

One class per week for 6 weeks: Thursdays, 3:45–5:15 p.m.

Nov 2–Dec 14 (no class Nov 23)

Ages 7 and up

\$70 per person (plus supplies)

The focus of the continuing course is on additional techniques and exercises, pictorial composition, guidance for self-directed projects and providing a place for those who find it difficult to work at home.



For an up-to-date live calendar of our latest events, sync your personal devices (mobile phone, iOS, Android device, personal computer) by signing up at www.greatlifehawaii.com.

MOLOKAI



\$395/PERSON

*R/T flight via Mokulele Air • Professional guided van tour
Lunch & Drinks*

*Visit the island nicknamed the
“Friendly Isle” that embraces
the Hawaii of old!*

Papohaku Beach
(longest sand beach in Hawaii)

St. Joseph Church
(St. Damien Parish)

Kalaupapa Lookout
Halawa Valley Lookout

Working Macadamia Nut Farm
Kaunakakai Main Town

Note:

Tour does NOT go to Kalaupapa/Kalawao
Route subject to change without notice

**Visit any ITT office below
to make your reservations.**

Hickam: 808-448-2295

Fleet Store: 473-0792

NEX: 422-2757

Barbers Pt: 682-2019

Wahiawa Annex: 564-4445/4446

Airport check in: 5:15am; return appx 5:15pm
Wear comfortable clothing and shoes.
Light to moderate walking.

***A TSA screening is mandatory at the
Honolulu airport, please provide full name
and date of birth when registering.**



OCT • NOV OUTDOOR RECREATION

SURFING

WOMEN'S SURFING

- Oct 1 Sign up by Sep 29
- Nov 5 Sign up by Nov 2
- Begins: 9 am | Ends: Noon
- Cost: \$30

Come out and get professional instruction from our Outdoor Recreation staff and learn to surf in the surfing capital of the world! We will make your surfing experience a pleasant, enjoyable and successful one. You will learn the history, wave science, etiquette, and technique of surfing. We will also get you on the right board and provide a short boat ride to "the lineup" where you will receive personal instruction in an un-crowded environment. *Participants must be able to swim without a lifejacket.*

LEARN TO SURF AT HICKAM HARBOR

- Oct 15 Sign up by Oct 12
- Nov 26 Sign up by Nov 23
- Begins: 9 am | Ends: Noon
- Cost: \$30

Join the Hickam Beach staff for an all-inclusive group surf lesson! The instructors will familiarize you with technique, gear, etiquette and methods on how to surf. Our class starts out on land, and then transitions to the water (near shore). Once you are comfortable and ready, we will take the surf taxi out to the breaks for some awesome surfing and memories that will last a lifetime. *Participants must be able to swim without a lifejacket.*

STAND-UP PADDLEBOARDING

LEARN TO STAND-UP PADDLEBOARD AT HICKAM HARBOR

- Oct 14 Sign up by Oct 11
- Oct 22 Sign up by Oct 20

- Nov 12 Sign up by Nov 10
- Nov 25 Sign up by Nov 23
- Begins: 9:15 am | Ends: 10:15 am
- Begins: 10:30 am | Ends: 11:30 am
- Cost: \$25

This is the perfect class to get your feet wet and discover stand up paddle boarding. This class is an introductory class giving you the ability to learn the basics in a stress free environment. Paddle boarding is a great way to provide a good work out, and enjoy the ocean. Come join the group and experience something new!

STAND UP PADDLE IN KAHANA VALLEY

- Oct 7 Sign up by Oct 5
- Begins: 8 am | Ends: 1 pm
- Cost: \$25

Join us as we travel to the windward side in an area that once supplied a lush, sustainable lifestyle for the Native Hawaiians. The area is an "ahupua'a", which is the wedge-shaped division of land consisting of a beach, fishing area, a stream that irrigates agricultural terraces, and forests extending inland to the ridgeline. This beautiful location is a peaceful and enjoyable place to kayak.

STAND UP PADDLE KAAWA

- Nov 4 Sign up by Nov 1
- Begins: 8 am | Ends: 2 pm
- Cost: \$30

Intermediate Level : A beautiful island view of the North East side seeing Kahana Bay from the outside looking in. Enjoying a nice relaxing stand up paddle flowing with the current all the way to the beautiful Puanalu'u Beach Park. Depending on the oceans current and wave conditions you may be able learn how to navigate these SUP boards through whitecaps of 1 to 2 foot waves.

SIGN UP INFORMATION

To sign up for any of Outdoor Recreation's wonderful trips and tours, you must sign up in person at the appointed facility (see facilities and color code below). Registration for October activities is currently open. Registration for November activities begins **October 1**.

Signups can be taken as late as two days prior to trip departure. We will only accept late registration on a case-by-case basis. Signups for our trips are on a first-come, first-served basis and must be paid in advance.

Most trips run by Outdoor Recreation are for ages six and up, but some trips may have other age requirements. Check with our knowledgeable staff to find out age restrictions or other requirements. *For all water activities, participants must know how to swim without a lifejacket.*

All tour activities and locations are subject to change without notice due to weather and other considerations.

● OUTDOOR RECREATION

HICKAM HARBOR • 449-5215

● OUTDOOR ADVENTURE CENTER

FLEET STORE • 473-1198

● RAINBOW BAY MARINA • 784-0167



SYNC ODR CALENDAR

For an up-to-date live calendar of our latest events, sync your personal devices (mobile phone, iOS, Android device, personal computer) by signing up at www.greatlifehawaii.com.

(continued on next page)

KAYAKING

MOONLIGHT PADDLE AT HICKAM HARBOR

- Oct 5 Sign up by Oct 3
 - Nov 2 Sign up by Oct 31
- Begins: 7:30 pm | Ends: 9:30 pm
Cost: \$25 (Kayak included)

What better way to melt the day-to-day stress than to join us for an evening paddle. As the moon lights our way across the water, enjoy the company of the group and the stillness of the water, and let our guides lead the way. Trip includes all required gear. Bring water and dry clothes to change into after the activity. All paddling abilities welcomed.

RENTALS

OUTDOOR EQUIPMENT

Bldg. 1786 Willamette St., Pearl Harbor • 473-1198
Mon–Fri 9 am–6 pm • Sat 9 am–4 pm • Sun 9 am–1 pm

Need to rent some camping equipment for your campout next weekend? Don't own a surfboard and want to rent one for lessons? Or gearing yourself up for a bike trail but don't have the bike?

Items available for rent from MWR include camping gear, water sports equipment, bikes and sports gear. Check www.greatlifehawaii.com for price lists.

Items are rented on a first-come, first-served basis. Payment is due upon reservation of equipment. Call for a full list of rules and regulations.

RECREATION & PARTY EQUIPMENT

Bldg. 1760 Kuntz Ave., Hickam • 449-6870
Mon–Fri 9 am–5 pm • Sat & Sun 9 am–1 pm

Are you celebrating a birthday or other special occasion soon? MWR has all of the party equipment you'll need to throw a party they won't forget.

Among the items MWR offers are bounce houses, patio chairs and umbrellas, coolers, grills, cotton candy and popcorn machines, and more! Download equipment brochure from www.greatlifehawaii.com.

Items are rented on a first-come, first-served basis. Full payment is required at time of rental. Available to all military affiliated personnel 18 years or older with a valid ID. Call for a full list of rules and regulations.

PATIOS & PAVILIONS

Hickam Harbor • 449-5215
Pearl Harbor & Barbers Point • 473-1198

Plan your next party at one of MWR's patios and pavilions. A variety of sizes accommodates parties from 10 to 200+. Many party patios can accommodate bounce houses, tents, bands, etc.

Facilities and areas at Hickam Beach:

Foster Point Gazebo, Honeymoon Beach, Hickam Beach Cabanas, Outdoor Rec Villa, Hickam Harbor Waterfront

Facilities and areas at Pearl Harbor and Barbers Point:

Rainbow Point Pavilion, Rainbow Bay Pavilion, Rainbow Bay Cabanas, Tea House, Makalapa Rec Complex, Richardson Fields, White Plains Beach Cabanas, Nimitz Cove Beach Cabanas

KAYAKING AT CHINA MAN'S HAT

- Oct 28 Sign up by Oct 26
 - Nov 8 Sign up by Nov 6
 - Nov 29 Sign up by Nov 27
- Begins: 8 am | Ends: 1 pm
Cost: \$25

This trip offers a variety of opportunities for you! It's a short paddle out to one of Hawaii landmark locations. Come with us and explore around the small island and possibly catch a wave or two. Pull your kayaks on the shore and enjoy swimming or tide pool viewing. This trip is considered moderate to strenuous in level of difficulty; you're encouraged to bring lunch or snacks and plenty of water

KAYAK KAAWA-MOKOLI'I KAYAK

- Nov 18 Sign up by Nov 16
- Begins: 8 am | Ends: 1 pm
Cost: \$30

Advanced Level: A long and challenging paddle against the current and waves. Lining you up with a beautiful view of Chinaman's Hat and Kualoa Ranch. Enabling you to enjoy a different perspective of Oahu from Chinaman's Hat with a little bit of Hawai'ian legend and mythology of Mokoli'i Island.

FISHING

BOTTOM FISHING AT HICKAM HARBOR

- Oct 8 (2:30–5:30 pm) Register online by Oct 6
 - Oct 28 (8:30–11:30 am) Register online by Oct 27
 - Nov 11 (8:30–11:30 am) Register online by Nov 9
 - Nov 19 (2:30–5:30 pm) Register online by Nov 17
- Cost: \$30

Registration available online only

Enjoy a outing trying your luck at landing the big one. Our staff will help you cast your line out and provide pointers if you need help. You never know what you might catch; there are a wide variety of reef fish and even a chance for a token shark that will put you to the test. This is a great trip for experts and beginners. Trip includes gear, bait, guides and the boat. Bring a snack and some drinks.

LEARN TO SPEARFISH

- Oct 7 (One Day Class) Register online by Oct 4
 - Nov 4 (One Day Class) Register online by Nov 1
- Begins: 8:30 am | Ends: 3 pm
Cost: \$60

Registration available online only

Spear fishing is as exciting and challenging as it sounds! We will show the basics so you can enjoy Hawaii's undersea world, become an accomplished free diver. Day 1, class is held at Hickam Pool and lasts about 3 hours. We'll go over rules and regulations set by the state, where you can and cannot go, and what you can and cannot eat. Physiology, techniques, training, equipment, knowledge, and safety are topics we cover, and you will hit the water for some target practice as well. Day 2, depending on the skill level, we usually do the first dive in shallow water, 6 to 12 feet deep on then meet back at our boat to discuss the dive. The second dive is in water about 10 to 20 feet deep depending on the group's ability. You'll need your own mask, fins, snorkel and other equipment. The transportation is on us.

SPEARFISHING EXCURSION

- Oct 21 Sign up by Oct 19
 - Nov 18 Sign up by Nov 16
- Begins: 9 am | Ends: Noon
Cost: \$20

Come and sharpen your skills with our instructors, and try your luck at capturing what the ocean has to offer. Enjoy three hours of open water, good company and a wide array of fish. *Must have taken our "Learn to Spearfish" course to participate, as the skills needed for this activity can be moderate to difficult.*

BIKING

NORTH SHORE BIKE RIDE

- Oct 14 Sign up by: Oct 12
 - Nov 11 Sign up by: Nov 8
- Begins: 8 am | Ends: 2 pm
Cost: \$25 w/ bike, \$20 without

Experience North Shore on a bike! Start at Waimea Bay and travel just beyond Sunset Beach. This trip is about seven miles round trip on level terrain and is an easy ride for beginners. Stop at world class surf spots for great photo opportunities. Ted's Bakery is at the halfway point, so if you don't want to bring your lunch you can pick up some goodies there. A towel and bathing suit will come in handy if you need a refreshing plunge in the ocean. With any luck, you might spot some turtles! Trip includes gear, transportation and happy, courageous guides. Inform us if a bicycle is needed.

HIKING

HIKE AT MAUNAWILI

- Oct 21 Sign up by: Oct 19
- Begins: 8:30 am | Ends: 2 pm
Cost: \$15

Lace up the mud shoes and head into the jungle valley on a mini-adventure to a waterfall with a swimming pool. So close it feels like it's in our back yard! This trip is sure to satisfy the adventurous! Bring a camera and snap a shot of views from the ridge as well as views inside the jungle canopy. This is one hike that highly recommended not to be missed on Oahu! Bring water, sun protection and a camera! This hike is for moderate hikers as there are some steep areas to climb up and down.

WAIMANO POOLS

- Nov 25 Sign up by: Nov 22
- Begins: 9 am | Ends: 3 pm
Cost: \$15

Experience paradise in the lush jungle canopy. Traverse and descend through the beautiful leafy landscape of a strawberry guava forest dappled with ti plants. If the weather is right, you can hear the 40 foot waterfall in the background. Once you reach our desired destination reward yourself with a cool and refreshing dip in one of the many pools. This is a moderate to strenuous hike.

EXTRAS

MOVIE IN THE PARK: HALLOWEEN MOVIE NIGHT

- Friday Oct 27 Hickam Harbor Waterfront
- Begins: 6:30 pm | Ends: 8:30 pm
FREE

Bring some blankets and sit on the grass and enjoy an evening flick under the stars. Don't forget the drinks and snacks. Movies to be announced will be suitable for all ages. Check movie listings on Facebook at "Joint Base Pearl Harbor-Hickam Outdoor Recreation."

MARINAS CLASSES & ACTIVITIES

SAILING

START SAILING RIGHT HH

- Tuesday | Oct 3 | 6-8pm
Saturday | Oct 7, 14, 21, 28 | 9am-12pm or 1pm-4pm
- Saturday | Dec 2, 9, 16, 23 | 9am-12pm or 1pm-4pm
Cost: \$75 per person/per month
Ages 18 & up
Maximum of 8 students per session

START SAILING RIGHT RB

- Wednesday | Nov 1 | 6-8pm
Saturday | Nov 4, 11, 18, 25 | 9am-12pm or 1pm-4pm
Registration for Nov SSR will be available on Oct 1st at RB.
- Tuesday | Jan 2 | 6-8pm
Saturday | Jan 6, 13, 20, 27 | 9am-12pm or 1pm-4pm
Cost: \$75 per person
Ages 18 & up
Maximum of 8 students per session

LEARN TO SAIL ADULT CLASS RB

- Mon/Wed | Oct 2, 4, 9, 11, 16, 18, 23, 25, 30 | 9:30-11:30am
- Mon/Wed | Nov 1, 6, 8, 13, 15, 20, 22, 27, 29 | 9:30-11:30am
Cost: \$75 per person/per month
Ages 18 & up
Maximum of 8 students per session

YOUTH BEGINNERS SAILING RB

- Mon/Wed | Oct 2, 4, 9, 11, 16, 18, 23, 25, 30
12-2pm or 3:30-5:30pm
- Mon/Wed | Nov 1, 6, 8, 13, 15, 20, 22, 27, 29 | 3:30-5:30am
Cost: \$50 per person/per month
Ages 10 - 17 years
Maximum of 8 students per session

YOUTH BEGINNERS SAILING HH

- Tues/Thurs | Oct 3, 5, 10, 12, 17, 19, 24, 26, 31 | 3:30-5:30pm
- Tues/Thurs | Nov 2, 7, 9, 14, 16, 21, 28, 30 | 3:30-5:30pm
Cost: \$50 per person/per month
Ages 9 years & up
*REGISTER ONLINE ONLY

This course is taught by our certified sailing instructors. Class consists of classroom theory and on-the-water group instruction. This class can accommodate all levels of ability. Space is limited to 5 students per class.

YOUTH LEVEL 2 SAILING RB

- Tues/Thurs | Oct 3, 5, 10, 12, 17, 19, 24, 26, 31
12-2pm or 3:30-5:30pm
- Tues/Thurs | Nov 2, 7, 9, 14, 16, 21, 28, 30
12-2pm or 3:30-5:30pm
Cost: \$50 per person/per month
Ages 10 - 17 years

Maximum of 20 students per session. *Prerequisite: Youth Beginners Sailing.*

YOUTH INTERMEDIATE SAILING HH

- Tues/Thurs | Oct 3, 5, 10, 12, 17, 19, 24, 26, 31 | 3:30-5:30pm
- Tues/Thurs | Nov 2, 7, 9, 14, 16, 21, 28, 30 | 3:30-5:30pm
Cost: \$50 per person/per month
Ages 9 years & up
*REGISTER ONLINE ONLY

Prerequisite: Students registering must have permission from instructors to register for this class. Ages 9 years & up. Class consists of classroom theory and on-the-water group instruction. This class accommodates intermediate and advanced sailors. Space is limited to 5 students per class.

KEIKI AFTER SCHOOL BEGINNER'S SAILING HH

- Weds/Fri | Oct 4, 6, 11, 13, 18, 20, 25, 27 | 3:30-5:30pm
- Weds/Fri | Nov 1, 3, 8, 10, 15, 17, 22, 24, 29 | 3:30-5:30pm
Cost: \$50 per person/per month
Ages 8 & 9 years
*REGISTER ONLINE ONLY

This course is taught by our certified sailing instructors. Class consists of introductory to sailing. This class focuses on new and timid sailors-to-be. Space is limited to 8 students per class.

ADULT SMALL BOAT SAILING COURSE HH

- Fri | Oct 6, 13, 20, 27 | 9:30am-12pm
- Fri | Nov 3, 10, 17, 24 | 9:30am-12pm
Cost: \$40 per person/per month
Ages 18 & up

Come sail at Hickam Harbor! Learn to rig and sail small sailboats. No experience required! Open to new and salty sailors 18 and over.

FAMILY/GROUP SAILING INSTRUCTION

- Sun | 9:30am-12pm
Cost: \$25 per person
(4 people max per appt)

The course offers a brief introduction to sailing and is a great activity for groups of friends and families. Includes an overview in-the-classroom demonstration of rigging, and some time on the water. Open to eligible adults and family members 10 years and older.

PRIVATE SAILING INSTRUCTION

- ● By Appointment
Cost: \$20 per hour

MORNING SAILING SESSIONS

- Tue, Wed | 10 a.m.-Noon
Cost: \$5 per hour

SUNSET REGATTAS

- Thu | 4 p.m.-Sunset
Cost: \$5 per boat

MARINA CHECKOUT QUALIFICATION

- ● By Appointment
Cost: \$20 per hour

R-19 BOATER'S CERTIFICATE

- By Appointment | 4-hours
Cost: \$80 per session

OUTRIGGER CANOEING

P.T. OUTRIGGER CANOE PADDLING RB

- Mon-Fri | 6:30-7:30am or 11am-12pm
Cost: \$3 per session
Register at Rainbow Bay Marina

RECREATIONAL OUTRIGGER CANOE PADDLING RB

- Mon/Wed/Fri | 8:30-9:30am
Cost: \$3 per session
Ages 10 & up
Register at Rainbow Bay Marina

OUTRIGGER CANOE PADDLING HH AT HONEYMOON BEACH

- *Fri | Oct 6, 20 • Nov 3, 17 | 8:30-9:30am
Cost: \$3 per session

*Must pre-register at HH Marina by Wed before Come get an early workout before the day starts! Preregistration is required to participate. Sign up at Hickam Harbor Marina. All ability levels welcomed!

PADDLEBOARD YOGA

STAND UP PADDLEBOARD YOGA HH

- *Fri | Oct 13, 27 • Nov 10, 24 | 8:30-9:30am
- *Sat | Oct 28 • Nov 11 | 8:30-9:30am
Cost: \$10 per session
Ages 16 & up

*Must pre-register at HH Marina by Wed before Paddleboard is included for each class. No experience in stand up paddle boarding or yoga is necessary; however, you should feel comfortable in the water and have the ability to swim. You will not be able to stand in the water if you fall off your board. The boards are attached to an anchoring system, so you will not drift away while performing yoga. Customers are asked to arrive 10 - 15 minutes early to get settled.

BEACHES

HICKAM BEACH | 3455 Mamala Bay Dr. SURF SHACK • 449-5215

Hours: Friday-Sunday, 10 am-4 pm

BEACH EQUIPMENT RENTALS

Kayak (1 person)	\$5/hr • \$20/day
Kayak (2 person)	\$7/hr • \$25/day
Surf Board	\$5/hr • \$25/day
Paddleboard	\$9/hr • \$25/day
Beach Lounger	\$5/hr • \$15/day
Wind Surfing Board	\$10/day

PRIVATE LESSONS

Surfing: \$35 for a 2-hour lesson
Wind Surfing: \$40 for a 2-hour lesson
Standup Paddleboarding Beginner (1 hour): \$25
Standup Paddleboarding Intermediate (2 hour): \$35

SURF TAXI

Friday-Sunday, \$7 per person round-trip
Let us take you out to the break while you conserve energy and save time! Taxis are available all day on the half-hour.

WHITE PLAINS BEACH | Kalaeloa SURF SHACK • 682-4925

Hours: Daily, 10 am-5:30 pm (last turn-in)

BEACH EQUIPMENT RENTALS

Body Board	\$1/hr • \$5/day
Body Board w/fins	\$3/hr • \$10/day
Surf Board	\$5/hr • \$25/day
Paddle Board	\$9/hr • \$25/day
Fins	\$2/hr • \$5/day
Horseshoes/Volleyball	\$3/day

PRIVATE LESSONS

Surfing: \$35 for a 2-hour lesson
Call to schedule an appointment (Mon-Fri only).

DIRECTIONS

From the H1 freeway westbound take Makakilo exit. Turn left at the light and continue down Ft Barrette Road. Turn left at the old guard shack onto Roosevelt Avenue and right onto Coral Seas Road. Turn left onto Tripoli and right onto White Plains Road.



\$2 TUESDAYS

Mamala Bay Golf Course Driving Range

September 5, 19 • October 3, 17 | 4pm - 6pm

\$2/TWO BUCKETS OF BALLS

\$2/HOT DOGS

\$2/SELECT BEERS

\$1/BOTTLED WATER & SODA

Plus, get tips from our PGA pros and maybe win one of our prize drawings.

Open to ages 8 years and up.

Advance sign ups encouraged,
call **808-449-2304**.



Liberty Calendar

October 2017

FREE & LOW-COST ACTIVITIES FOR SINGLE ACTIVE-DUTY MILITARY E1-E6

For a mobile friendly site please visit www.facebook.com/LibertyHawaii and click on the top, pinned post. Register now online at www.greatlifehawaii.com. Go to Recreation, then Liberty and click on the Event Calendar tab.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ALOHA STADIUM SWAP MEET FREE Express 0815 Beeman 0900 Instant 0915 Makai 0930 NORTH SHORE BEACH HOPPING FREE Express 0930 Beeman 0800 Instant 0815 Makai 0830	2 BATTING CAGES FREE Express 1700 Beeman 1730 Instant 1745 Makai 1800 PING PONG 101 FREE Beeman 1700-2000	3 SACRED SPIRITS DRIVING GHOST TOUR \$20 Express 0815 Beeman 0900 Instant 0915 Makai 0930	4 MAKE YOUR OWN JACK-O-LANTERNS FREE Beeman 1800	5 9 BALL POOL TOURNAMENT FREE Beeman 1800 WIN PRIZES!!!	6 SPAM MUSUBI FOR LUNCH FREE Beeman 1100-1300 MOVIES @ DOLE CANNERY \$10 Express 1645 Beeman 1730 Instant 1745 Makai 1800	7 HIKE MANOA FALLS [BEG] FREE Express 0830 Beeman 0915 Instant 0930 Makai 0945 POLYNESIAN CULTURAL CENTER LUAU \$40 Express 1000 Beeman 0900 Instant 0915 Makai 0930
8 HIKE EHUKAI PILLBOXES [BEG] FREE Express 0930 Beeman 0830 Instant 0845 Makai 0900 PACIFIC AVIATION MUSEUM AVIATORS TOUR \$10 Express 0900 Beeman 1015 Instant 1030 Makai 1045	9 TEKKEEN 7 TOURNAMENT FREE Beeman 1900 WIN PRIZES!!! ACRYLIC PAINTING @ THE BEEMAN CENTER FREE Beeman 1800	10 PING PONG 101 FREE Beeman 1700-2000 INDOOR ROCK CLIMBING FREE Express 1700 Beeman 1730 Instant 1745 Makai 1800	11 NIGHT FISHING FREE Express 1500 Beeman 1600 Instant 1615 Makai 1630	12 TEN & GRIND @ HARD ROCK CAFE \$10 Express 1600 Beeman 1700 Instant 1715 Makai 1730	13 OMELETS FOR LUNCH FREE Beeman 1100-1300 COSMIC BOWLING & PIZZA FREE Express 1800 Beeman 1900 Instant 1845 Makai 1830	14 HIKE PUU MAELIELI [BEG] FREE Express 0830 Beeman 0915 Instant 0930 Makai 0945 UH FOOTBALL VS. SAN JOSE ST. FREE Express 1600 Beeman 1700 Instant 1715 Makai 1730
15 CIRCLE ISLAND TOUR FREE Express 1015 Beeman 0900 Instant 0915 Makai 0930 HARLEM GLOBETROTTERS \$20 Express 1400 Beeman 1445 Instant 1500 Makai 1515	16 HAWAII ESCAPE CHALLENGE \$5 Express 1645 Beeman 1730 Instant 1745 Makai 1800 PING PONG 101 FREE Beeman 1700-2000	17 SUPER SMASH BROS. N64 TOURNAMENT FREE Beeman 1900 WIN PRIZES!!!	18 SAM HUNT @ THE BLAISDELL ARENA \$25 Express 1800 Beeman 1845 Instant 1900 Makai 1915	19 BARRACKS BASH @ NEVADA HALL FREE 1700-1900	20 CHINESE FOOD FOR LUNCH FREE Beeman 1100-1300 MOVIES @ DOLE CANNERY \$10 Express 1645 Beeman 1730 Instant 1745 Makai 1800	21 SUBMARINE SCOOTERS \$50 Express 0915 Beeman 1000 Instant 1015 Makai 1030 NORTH SHORE STAR GAZING FREE Express 2000 Beeman 1900 Instant 1915 Makai 1930
22 SURF & BBQ \$5 Express 0930 Beeman 0830 Instant 0845 Makai 0900 SIMPLE PLAN @ THE REPUBLIK \$20 Express 1800 Beeman 1845 Instant 1900 Makai 1915	23 TEXAS HOLD 'EM TOURNAMENT FREE Beeman 1800 WIN PRIZES!!!	24 DIY: PINEAPP-O-LANTERNS FREE Beeman 1800-2000 PING PONG TOURNAMENT FREE Beeman 1900	25 LEARN TO COOK WITH LIBERTY FREE Express 1830 Beeman 1700 Instant 1715 Makai 1730	26 TEN & GRIND @ DAVE & BUSTER'S \$10 Express 1600 Beeman 1700 Instant 1715 Makai 1730	27 CORNDOGS FOR LUNCH FREE Beeman 1100-1300 EAT THE STREET FREE Express 1500 Beeman 1600 Instant 1615 Makai 1630	28 HONOLULU CITY HAUNTS WALKING GHOST TOUR \$20 Express 1715 Beeman 1800 Instant 1815 Makai 1830 KAYAKING CHINAMANS HAT FREE Express 0815 Beeman 0900 Instant 0915 Makai 0930
29 HIKE MT. OLYMPUS [ADV] FREE Express 0830 Beeman 0915 Instant 0930 Makai 0945 SCUBA @ HAWAII KAI (2-TANK DIVE) \$45 Express 1015 Beeman 1100 Instant 1115 Makai 1130	30 PING PONG 101 FREE Beeman 1700-2000	31 HALLOWEEN LUNCH @ BEEMAN FREE Beeman 1100-1300 	DESIGNATION FOR HIKEES: BEG: Beginner INTER: Intermediate ADV: Advanced	Liberty programs are for single, active-duty Military E1-E6 only. Transportation is provided for all off-site events, just meet at the Liberty Centers or the Makai Recreation Center at the times shown. Payment, if needed, is due at the time of registering online. Cancellations must be done Monday-Friday with 48 hours' notice by calling the Beeman Center in order to receive a refund. FOR MORE INFORMATION, PLEASE CALL ONE OF THE FOLLOWING LIBERTY CENTERS: Beeman Center (Pearl Harbor Sub Base) 473-2583 Instant Liberty (Club Pearl Complex) CLOSED during construction Liberty Express (Wahiawa Annex) 653-0220		

dining

Brews & Cues

Joint Base Catering
Koa Lounge
La Familia Mexican Restaurant
The Lanai at Mamala Bay
Mamala Bay Snack Bar
Molly's BBQ & Seafood
Planet Smoothie
Restaurant 604
10th Puka Lounge
Wright Brothers Café & Grille

BREWS & CUES

Bldg. 1557, North Road (temporary) . . . 473-1743

Gridiron Gameday

Sundays, Doors open at 7 a.m.

Mondays, Thursdays beginning at 2:30 p.m.

FREE

Ages 18 years & older

Catch the games live via Direct TV's Sunday Ticket. Root for your favorite team and enjoy free pupus on Mondays and Thursdays (while they last). On Sundays, we open early with a continental breakfast.

Chill & Grill

Friday, Oct 27

5:30–7:30 p.m.

FREE

Ages 18 years & older

End the month with free pupus and a pool challenge. All pool participants get entered into a drawing at the end to win a fun prize.

Halloween Costume Contest

Saturday, Oct 28

Ages 18 years & older

Come up with your best costume, then show it off at Club Pearl Brews & Cues in our contest! You must register with the DJ before 11 p.m. to be entered. Open to 18 years and older.

JOINT BASE CATERING

Office next to Wright Bros. Café 448-4608

Sunday Brunch

Oct 1, 8, 15, 22, 29

10 a.m. – 1 p.m.

Dining Room (Historic Hickam Officers' Club)

\$24.95 Club Members

\$26.95 Adults

\$13.50 Child 7-12 years

\$8.25 Child 4-6 years

Enjoy a delicious brunch at this iconic landmark building on base. Roast beef carving station, made-to-order omelets, crab legs, build your own waffle and a great selection of desserts.

Paint 'n' Sip

Wednesdays, Oct 4, 11, 18, 25

5:30–8:30 p.m.

Dining Room (Historic Hickam Officers' Club)

\$40/person

An instructor will lead you step by step through the featured painting of the night. You'll leave with your own completed 16" x 20" painting. All art supplies are included. No experience necessary. Cocktails and food available for purchase from the Koa Lounge. Advance registration is done at the Arts & Crafts Center. Reserve your spot today by calling 448-9907 ext. 2.

KOA LOUNGE

At the Historic Hickam Officers' Club. . . 448-4608

Warrior Friday

Friday, Oct 6

4:30–7:30 p.m.

FREE for Air Force Club members

\$15 for non-members

Join us for a great time, and enjoy a yummy pau hana pupu buffet! Open to all ranks and all active-duty members of the U.S. Armed Forces, DoD, contractors and retired military.

Special Edition Navy's Birthday Warrior Friday

Friday, Oct 13

4:30–7:30 p.m.

FREE for Air Force Club members

\$15 for non-members

It's an additional Warrior Friday to celebrate the 242nd birthday of the U.S. Navy. Join us for a great time and enjoy a yummy Pau Hana pupu buffet. Open to all ranks and all active-duty members of the U.S. Armed Forces, DoD, contractors and retired military.

Margarita Madness

Every Thursday

4–6:30 p.m.

Koa Lounge

\$4 Margaritas (regular price \$6.50)

On the rocks or frozen, and many flavors to choose from, including the traditional and Li Hing Mu.

THE LANAI AT MAMALA BAY

3465 Mamala Bay Drive 422-3002

Express Lunch Menu

Monday – Friday

11 a.m.–2 p.m.

\$12.95

Pick two options and make it a combo lunch for one low price. Choose from: Pacific Cobb Salad, Spring Greens Salad, Portuguese Bean Soup, Mamala Bay Chowder, Turkey Wrap or Kalua Pork Sandwich. Price also includes a fountain drink!

Aloha Friday Buffet

(except on other special occasions)

Friday, Oct 6, 13, 20, 27

11 a.m.–2 p.m.

\$15.95

It's Aloha Friday, end the workweek right with a delicious lunch buffet. Perfect for a quick meal, lunch meeting or other excuse to spend the midday sitting "this close" to the ocean.

10TH PUKA LOUNGE

At Ke'alahi Par 3 Golf Course 448-9890

Watch all the NFL action at the Puka!

Sundays, Doors open at 6:45 a.m.

We'll be opening at 6:45 am every Sunday so you can catch the first games of the day. Plus, La Familia will open early for breakfast to satisfy those morning cravings.

WRIGHT BROTHERS CAFÉ AND GRILLE

2000 Signer Blvd 448-4608 x39

Now Open for Dinner

Fridays and Saturdays

5 - 8 p.m.

Due to popular demand, we are bringing dinner back to WB. Same friendly service, and now you can watch the sunset as you enjoy your meal.

Featured Foods at WB

Oct 1 – Vegetarian Lasagna for Vegetarian Day

Oct 4 – Taco Special for National Taco Day

Oct 11 – Southern Food Special for National Southern Food Heritage Day

We are introducing food specials in celebration of some of the fun occasions that are sprinkled throughout the year. Here's what we have scheduled this month. Visit us to find out pricing and other details.

family/support

Child Development Centers

Child Development Homes

Military & Family Support Center

School-Age Care

School Liaison Office

Teen Center

CHILD AND YOUTH PROGRAMS

Missoula Children's Theatre Presents

"Wiz of the West"

Camp Dates: Oct 9 - 13

Open Auditions: Monday, Oct 9

10 a.m.–12 p.m. (must be present the entire time)

12:30–2:30 p.m. Rehearsal session following auditions.

Memorial Theater

Play: Saturday, Oct 14, 11 a.m. at Memorial Theater
FREE

The Missoula Children's Theater will be coming back to Joint Base Pearl Harbor-Hickam and hosting a free week long camp. The camp will end with a production of Wiz of the West. They will host open auditions for children 1st through 12th grade (Space is limited with no guarantee that everyone who auditions will be cast). We're looking for a piano player! If interested, please contact Cherise at cherise.castro@navy.mil.

HALLOWEEN ZUMBA BASH

SATURDAY, OCTOBER 28 | 9 - 11 AM | JBPHH FITNESS CENTER

**COME ON OUT AND ENJOY
A 2 HOUR WORKOUT WITH
JBPHH ZUMBA INSTRUCTORS.**



**GET INTO THE HALLOWEEN SPIRIT AND
WEAR YOUR FAVORITE COSTUME TO THE EVENT!**

Fee: 2 Group Exercise (GE) coupons | Open to ages 12 and older.

Call 808-471-2019 for more info. | www.greatlifehawaii.com





GROUPEXERCISECLASSES

INFORMATION SUBJECT TO CHANGE

* There is a fee for all classes, but the starred classes are free for active-duty personnel.

core & cardio

Circuit Training	Wed	6 a.m.–7 p.m.	Pearl Harbor*
Total Body Conditioning	Tue	11:30 a.m.–12:30 p.m.	Pearl Harbor*
Tabata	Mon Wed Fri	10–11 a.m. 6–7 a.m. 8:30–9:30 a.m.	Hickam Hickam Hickam
Total Body Shock	Thu	4:30–5:30 p.m.	Pearl Harbor*

cycle & spin

Cycle Fit	Mon, Wed Mon, Wed Mon, Wed, Fri Tue, Thu Tue, Thu, Sat	11:30 a.m.–12:30 p.m. 11:30 a.m. 7–8 a.m. 5:30–6:30 a.m. 6–7 a.m. 9–10 a.m.	Pearl Harbor* Wahiawa Pearl Harbor Hickam* Pearl Harbor* Pearl Harbor
Interval Spin	Wed	11:30 a.m.–12:30 p.m.	Hickam
Spin Challenge	Tue Fri	5:15–6:15 p.m. 11:30 a.m.–12:30 p.m.	Hickam Hickam
Strength Spin	Thu	5:15–6:15 p.m.	Hickam

dance

Hula Fitness	Mon	8:30–9:30 a.m.	Pearl Harbor
Traditional Hula Movements	Wed	9–9:45 a.m.	Pearl Harbor

karate

Karate Basics	Tue	6–7 p.m.	Pearl Harbor
Karate	Tue	7–8 p.m.	Pearl Harbor

kettlebells

Kettlebell Basics	Mon, Wed	4:30–5:30 p.m.	Pearl Harbor
Intermediate Kettlebells	Fri	4:30–5:30 p.m.	Pearl Harbor

kickboxing

Cardio Kickboxing	Wed Wed	8:30–9:30 a.m. 5:45–6:45 p.m.	Hickam Pearl Harbor
Turbo Kick	Sat	8–9 a.m.	Hickam

kids' classes

Jammin' Kids	Sat	10:45–11:30 a.m.	Hickam
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navy operational fitness & fueling system

NOFFS	Mon	6–7 a.m.	Pearl Harbor*
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pilates

PiYo™ Strength	Tue Wed	4:30–5:30 p.m. 8:30–9:30 a.m.	Pearl Harbor Pearl Harbor
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step

Step	Tue	5:15–6:15 p.m.	Hickam
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total resistance exercise suspension training

TRX	Thu	11:30 a.m.–12:30 p.m.	Pearl Harbor*
TRIPLEP	Tue, Wed, Thu	3:30–4:30 p.m.	Hickam*

weights

Strong	Mon, Tues, Thu, Fri	6–7 a.m.	Hickam*
Power Pump	Tue, Thu	8:30–9:30 a.m.	Hickam
Body Blast	Thu	5:15–6:15 p.m.	Hickam

wild card

Wild Card Fitness	Fri	6–7 a.m.	Pearl Harbor*
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yoga

Yoga	Mon Mon, Wed Mon, Thu Tue Tue Tue, Thu Wed Fri Sat	9:45–10:45 a.m. 5:15–6:15 p.m. 4:30–5:30 p.m. 11 a.m. 5:45–6:45 p.m. 11:30 a.m.–12:30 p.m. 11:30 a.m.–12:30 p.m. 8:30–9:30 a.m. 8–9 a.m.	Pearl Harbor Hickam Pearl Harbor Wahiawa Pearl Harbor Hickam Pearl Harbor Pearl Harbor Pearl Harbor
Power Yoga	Sun	8–9 a.m.	Hickam

zumba

Zumba	Mon Mon, Tue, Thu Mon, Wed Mon, Thu Tue, Wed Wed, Fri Fri Sat	8:30–9:30 a.m. 8:30–9:30 a.m. 6:30–7:30 p.m. 5:45–6:45 p.m. 4:30–5:30 p.m. 9:45–10:45 a.m. 10–11 a.m. 9:15–10:15 a.m.	Hickam Pearl Harbor Hickam Pearl Harbor Pearl Harbor Pearl Harbor Hickam Pearl Harbor
Zumba Step	Fri	5:45–6:45 p.m.	Pearl Harbor

family/support (cont.)

TEEN CENTER

Teen Center, Hickam Bldg. 1859 448-0418

SAT Prep at the Teen Center

Tuesday, Oct 3

5:30 p.m.

Sign up between Sep 5 – 26

FREE

Come learn how to prepare effectively, go over practice questions, and prepare yourself for test day! Must be a registered Teen Center member to sign up. Open to all teens ages 13 to 18. Call 448-0418 for more details.

Teen Center First Friday: Open Mic Night!

Friday, Oct 6

7–9:30 p.m.

FREE

Come hang out at the Teen Center until Midnight! Enjoy entertainment by your peers whether it be singing, performing music, stand up comedy, poetry, etc! Open to all teens ages 13 to 18.

Teen Center's Kayak Chinaman's Hat with OAC!

Wednesday, Oct 11

8–3 p.m.

Registration Period: Sep 6 – Oct 4

FREE

Come hang with the Teen Center at Kualoa Beach Park and enjoy an excursion to Chinaman's Hat! Please arrive at the center by 7:45 a.m. Transportation is provided and will leave at 8 a.m. Open to all teens ages 13 to 18. For more information, call 448-0418.

Teen Center Halloween Lock-In

Friday, Oct 27 - Saturday, Oct 28

7 p.m.–7 a.m.

FREE

Teens! Enjoy a full night of games, bowling, food and more! Costumes are welcome! Open to all teens ages 13 to 18. For more info, call 448-0418.

athletics

Aquatics

Bowling

Fitness Programs & Centers

Golf

Intramurals

Youth Sports

AQUATICS

Arizona Pool (Ford Island) 472-7582

Pool 1 (Hickam) 449-8274

Pool 2 (Hickam) 260-9736

Scott Pool (Pearl Harbor) 473-0394

Towers Pool (Makalapa) 471-9723

Float Night

Friday, Oct 13

5–7 p.m.

Scott Pool

FREE

Night time free swim open to all DOD personnel. Free ice cream floats while supplies last. Regular pool rules apply, with exception to Individual sized swim floats allowed.

Movie Night and Costume Contest

Friday, Oct 27

6–9 p.m.

Hickam Family Pool

FREE

Join us for Hickam Family Pool's last Movie Night of the year! This month we will be showing "The Nightmare Before Christmas" on our big screen. Costume contest will be held, prizes will be given for the scariest, most creative and the cutest.

Private Swim Lessons

Saturdays 11 a.m.–12 p.m.

Hickam Family Pool

Registration is ongoing

\$30

Registration for a time must be confirmed two weeks to the desired date. Confirmation is upon purchase. Customers may register for one slot per day, and up to four consecutive Saturdays in a row. Specific instructors can be requested when available. To register, please come to the Hickam Family Pool during open hours. Payment must be made by credit only, and may be purchase over the phone with prior notice. Call 260-9736 for more info.

Aqua Zumba Class

Mondays: 9–10 a.m.

Tuesdays: 5:30–6:30 p.m.

Hickam Family Pool

\$2 with coupon book/ \$3 for single ticket

Cool off and get in shape with Aqua Zumba! For more info, call 260-9736

BOWLING

Hickam Bldg. 1891 448-9959

Naval Station Bldg. 1736 473-2574

The Escape (Wahiawa Annex) 473-2651

Halloween Bowling Party

Tuesday, Oct 31

3 – 4:30 p.m.

Naval Station Bowling Center

FREE TREATS for those who dress up and receive 1 FREE game of COSMIC bowling. Shoe rental extra.

Lunch & Bowl

Tuesday, Oct 3, 10, 17, 24, 31

11 a.m. – 2 p.m. Hickam Bowling Center

11 a.m. – 1 p.m. Naval Station Bowling Center

When you purchase a lunch item from our snack bar worth at least \$8, get up to 2 FREE games of bowling! Shoe rental extra.

Military Bowl Free

Monday, Oct 2, 16, 23, 30

11 a.m.–2 p.m. Hickam Bowling Center

Thursday, Oct 5, 12, 19, 26

11 a.m.–1 p.m. Naval Station Bowling Center

Receive up to 2 free games of bowling during lunchtime. Shoe rental extra. Military ID card required. Offer not valid on Holidays.

Single Sailor and Airmen Bowling Night

Friday, Oct 13

7–9 p.m.

Naval Station Bowling Center

Free Cosmic Bowling, Free Shoe Rental, Free Soda and FREE Pizza! Sign up at the Beeman's Liberty Center. Must be Active Duty Navy or Air Force.

FITNESS PROGRAMS & CENTERS

Hickam Bldg. 1120 448-2214

JBPHH-Pearl Harbor Bldg. 1338 471-2019

Naval Station Gym Bldg. 667 473-2436

Wahiawa Annex Bldg. 446 653-5542

Open 24 hours/day, 7 days/week (unstaffed):

Ford Island Bldg. 55

Kunia Bldg. 446

Makalapa Bldg. 388

West Loch Bldg. 621

Halloween Zumba Bash

Saturday, Oct 28

9 – 11 a.m.

JBPHH Fitness Center

Cost: 2 GE class coupons

Come on out and enjoy a 2-hour workout with JBPHH Zumba instructors. Get into the Halloween spirit and wear your favorite costume to the event! Call 471-2019 for more info.

Spinning Instructor Certification

Saturday, Nov 4

8 a.m.– 5 p.m.

JBPHH Fitness Center

\$355 – Register at spinning.com

This comprehensive live training will provide hands on tools to become a certified spinning instructor.

Let's Jump!

Saturday, Nov 5

8–10 a.m.

JBPHH Fitness Center

\$60 – (\$10 discount provided. Must register through customer service @ 1-800-847-7746 x 600 to receive discount)

This spinning workshop will focus on higher cadence jumps along the flat roads and strongly-loaded jumps in the hills. Other areas covered in this training include: counting, rhythm stroke strategies and resistance loading.

Creating a Journey Ride

Saturday, Nov 5

11 a.m.–3 p.m.

JBPHH Fitness Center

\$109 – (\$19 discount provided. Must register through customer service @ 1-800-847-7746 x 600 to receive discount)

Learn everything from A to Z to create your own ride in this spinning workshop, giving your riders a memorable experience that will have your riders coming back for more.

GOLF

Barbers Point 682-1911

Ke'alohe Par 3 448-2318

Mamala Bay 449-2304

Navy-Marine 471-0142

athletics (cont.)

\$2 Tuesdays

Tuesday, Oct 3, 17

4–6 p.m.

Mamala Bay Golf Course Driving Range

Grip it and rip it! \$2 gets you two buckets of balls, plus \$2 hot dogs, \$2 select beers and \$1 soda and bottled water. Plus, our golf pros will be on hand to offer tips. Prize drawings too! Open to ages 8 and up, call ahead to sign up.

Golf Demo Day

Wednesday, Oct 4

4–6:30 p.m.

Navy Marine Golf Course

FREE

Here is a chance to try out some of the latest golf equipment at the driving range. For more information, call respective pro shop.

Free Ladies Golf Clinics

Thursday, Oct 5, 12, 19, 26

9:30 a.m. Barbers Point

Enjoy this introduction to the great game of golf. For more information, call respective pro shop.

Free Golf Clinics

Saturday, Oct 14, 21

2 p.m. Mamala Bay

Saturday, Oct 21

9:30 a.m. Barbers Point

Thursday, Oct 19

12 p.m. Navy Marine Golf Course

Enjoy this introduction to the great game of golf. For more information, call respective pro shop.

Weekend Twilight Golf Special

Saturdays and Sundays

After 3:30 p.m.

Barbers Point

\$10 per person (9-holes only)

Come and enjoy are special twilight golf prices on the weekend. Sun's going down earlier, but you can still squeeze nine holes in. Call 682-1911 for more info and to schedule your tee time.

YOUTH SPORTS

Youth Sports & Fitness (Bloch Arena) . . . 473-0789
Gymnastics (Bldg. 1680) 422-2223

Winter Youth Sports

Baseball, Basketball & Cheerleading

Season: Jan 3 – Mar 10

Registration Period: Oct 2 – Nov 3

Open to Age 5 – 16 years old

\$50

Registration will be available online via CYP Online Services through the deadline or until the spots are filled, whichever comes first. Season is 12 weeks long. Practices are two days a week. Time and days depends on volunteers and location availability. For more information, visit Youth Sports page on greatlifehawaii.com or call 473-0789.

itt

Barbers Point.	682-2019
Fleet Store.	473-0792
Hickam.	448-2295
NEX Mall.	422-2757
Wahiawa.	564-4445, 564-4446
Travel Connections-Fleet Store.	422-0139
Travel Connections-Hickam.	423-0255
Travel Connections-NEX Mall.	422-4067

Ford Island Historical Tour

Wednesday, Oct 4, 11, 18, 25

9:30 a.m.–Noon (Check in at 9:15 a.m.)

\$25 for adults

\$20 for children (ages 3–11 years old)

Nestled in Pearl Harbor lies an isolated island called Moku Ume'ume, rich in Hawaiian and U.S. military history. Travel back in time as you see points of interest including the USS *Utah* and USS *Oklahoma* Memorials, the original Navy Club Memorial honoring the USS *Arizona*, historic Nob Hill officer homes, and bombing and bullet strafing reminders.

Hickam Historical Tour

Friday, Oct 6, 13, 20, 27

9:30 a.m.–1:30 p.m.

\$45 for adults

\$40 for children (ages 3–11 years old)

An exclusive tour to relive history and to understand the important role Hickam Field played in World War II. See the original buildings where the Army Air Forces' airmen, nurses, and officers' and enlisted families lived, and hear their personal stories of "The Day of Infamy." Includes lunch. Not recommended for children under six years old.

ITT Shuttle to "Eat the Street"

Friday, Oct 27

6:30–9:30 p.m.

\$7/person round-trip

Free for children under 5 years old (must be on an adult's lap)

Enjoy Hawaii's largest food truck and street food rally with over 40 unique vendors. Folding chairs recommended, but no large strollers or coolers.

recreation

Arts & Crafts
Auto Skills
Liberty Centers
Library
Marinas
Outdoor Recreation
Sharkey Theater

ARTS & CRAFTS

Hickam Bldg. 1889 448-9907

Fall Craft Camp

Tuesday – Friday, Oct 10–13

10 a.m.–12:00 p.m.

Ages 7 and up

\$60/person

Sign up Now, class fills up FAST! There's no limit to the beauty a child can create when given some instruction and artistic freedom. Please register online for all classes at <http://www.greatlifehawaii.com/recreation/arts-crafts/ac-online-registration>

Hickam 42 Annual Fall Craft Fair

Saturday, Nov 4

9 a.m.–3 p.m.

Calling all Crafters - Register NOW for a booth at the fair. Bring samples of your items into the Ceramics Shop Tue–Sat 9 a.m.–5 p.m.

All items sold at our craft fairs must be handmade by you. Please bring items or photos of items you will be selling for screening at time of registration. Call 448-2392/93 for further info.

LIBRARY

Hickam Bldg. 595 449-8299

Dial-A-Story 449-8297

Wii Wednesday

Wednesday, Oct 4

2–4 p.m.

Come on over after school for some time on our Wii U consoles.

Library Know-How

Saturday, Oct 7

1–2 p.m.

Learn how to get the most out of your library.

Preschool Story Time

Wednesday, Oct 11, 25

9–10 a.m.

Story times are great for children of all ages! Our theme is "Fire Prevention" on Oct 11 and "Halloween" on Oct 25. Come on in and read with us.

Kids' Book Club

Wednesday, Oct 11, 28

2–3 p.m.

Ages 4th & 5th grade

If you read at or near a fourth- or fifth-grade reading level, we would love for you to join one of our book clubs. We will discuss "One Home on the Moon" on Oct 11 and "Inkheart" on Oct 28.

Hispanic Heritage Program

Friday, Oct 13

10–11 a.m.

Enjoy a short Hispanic story reading and sample Hispanic food.

Lego Club

Saturday, Oct 28

10 a.m.–12 p.m.

Call for details.

SHARKEY THEATER

Moore St., Bldg. 628 473-0726

Double Feature Friday

Friday, Oct 27

5 p.m.

5:00 PM & 7:30 Double Feature, for the price of ONE movie. Movies to be announced on the Website.

GREATLIFEHAWAII.COM | FOLLOW US! FB @JBPHTEENCENTER

TEEN CENTER HALLOWEEN LOCK-IN

FRI OCT 27 - SAT, OCT 28

7 P.M. - 7 A.M. TEEN CENTER
100 MCCORD ST. BLDG. 1859

REGISTRATION PERIOD:

OCTOBER 2 - 25

TEENS!

ENJOY A FULL NIGHT OF GAMES,
BOWLING, FOOD AND MORE!

OPEN TO ALL TEENS AGES 13-18 YEARS OLD.

COSTUMES ARE WELCOME!

FOR MORE INFO, CALL 443-0418.





Military & Family Support Center

The Military and Family Support Center (MFSC) combines the former Pearl Harbor Fleet & Family Support Center and the Hickam Airman & Family Readiness Center into one organized center. We provide unified, customer-focused programs, classes and services to support our JBPHH community, including active-duty, reserve, retired personnel, family members and DoD employees.

INFORMATION SUBJECT TO CHANGE

deployment support

COMMAND INDIVIDUAL AUGMENTEE COORDINATOR (CIAC) FORUM

Oct 13 • 1:00–2:30 p.m. | Pearl Harbor

CIACs meet, network, and receive updated information which allows them to effectively assist IA Sailors and their families.

employment assistance

CIVILIAN RESUME WRITING

Oct 2 • 1:30–3:30 p.m. | Hickam

Oct 18 • 4:30–6:30 p.m. | Pearl Harbor

Learn how to write powerful accomplishments that help you stand out from the competition, proper formatting and common mistakes to avoid and so much more. Note: this class is geared towards private sector resumes as opposed to federal resumes for civil service.

FEDERAL EMPLOYMENT 101

Oct 4 • 1:30–3:30 p.m. | Hickam

Oct 10 • 9:00–11:00 p.m. | Wahiawa

The application process for federal jobs can feel confusing and overwhelming but the benefits of civil service are worth the effort! We will help you navigate the USAJobs website and understand the application process from start to finish. Federal resumes are different than private sector resumes and we will teach you how to build a competitive application. We will also cover topics such as hiring preferences and programs for veterans and military spouses.

INTERVIEWING 101

Oct 18 • 1:30–3:30 p.m. | Hickam

The resume gets you the interview; the INTERVIEW gets you the job. Learn how to position yourself as the best candidate, different interview styles and techniques, practice traditional and behavioral interview questions and common pitfalls to avoid.

JOB FAIR SUCCESS

Oct 2 • noon–1:00 p.m. | Hickam

If you are planning on attending a job fair in the future, this class can help ensure you are one of the most prepared attendees. This workshop will provide you with tips to help you prepare for the fair, maneuver the event with ease and purpose, and set yourself apart as the Number One Candidate!

PART-TIME MONEY MAKERS

Oct 11 • 1:30–3:30 p.m. | Hickam

Oct 26 • 2:00–4:00 p.m. | Pearl Harbor

Want to learn about REAL opportunities to earn extra income? Just arrived and need to make quick cash while searching for full-time work? Looking for flexible, part-time, and/or remote work while taking care of a family? Maybe you simply want to know about creative ways to make money on the side. Find out about all this and more at our new class.

family life skills

DEVELOPING SELF-ESTEEM IN CHILDREN

Oct 6 • 10:00 a.m.–noon | Hickam

Did you know a parent's behavior can influence their child's thinking? Learn the "language of encouragement" and the importance of building self-esteem in children. Discover the power of mutual respect and how to understand the difference between praise and encouragement.

NEW MOMS AND DADS

Oct 18 • 5–8 p.m. | Hickam

New and soon-to-be parents (or those who are thinking about becoming parents) will learn about the roles, responsibilities, demands and joys of being parents. The session will also include early childhood social, emotional and physical development, crying and consoling, basic care information, and what to expect in the first year.

PARENT CHILD COMMUNICATION

Oct 26 • 10:00 a.m.–noon | Hickam

Having positive parent child communication is key to maintaining healthy family relationships. Improve your communication skills with your children of all ages; we will discuss techniques suitable for each age group.

PARENTING GROUP

Oct 3, 10, 17, 24, 31 • 10a.m.–noon | Pearl Harbor

This eight-week interactive parenting group assists parents to better nurture their children, allowing their children to grow into responsible adults and loving parents to their own children. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

PARENTS: YOUR TEENS AND DATING

Oct 5 • 10a.m.–noon | Pearl Harbor

One in three teens will experience a violent dating relationship by the time they reach adult-hood. Dating is just one of the multitudes of challenges teens face and parents fear. This class will provide you with information to help guide your teen in building positive dating relationships and keeping your teen safe. We will examine how to model positive relationships, build kids self-esteem to prevent poor relationships and what to do if they experience violence.

POSITIVE PARENTING

Oct 18 • 1:00–3:00 p.m. | Pearl Harbor

Parenting skills are something learned; not something we are born with. This class will enhance your parenting skills and make your parenting goals attainable. Topics include: establishing positive relationships, disciplining assertively, creating realistic expectations and more.

SOOTHING YOUR BABY AND LOVING TOUCH

Oct 26 • 1:00–2:00 p.m. | Hickam Medical Bldg

A new way to understand your baby's crying with period of purple crying and introduction to infant massage. The period of purple crying is the phrase used to describe the time in a baby's life when they cry more than any other time.

This class captures the behavioral characteristics of excessive crying during this normal developmental phase. The class aims to help parents find ways to soothe their baby and build resilience during this challenging period.

financial management assistance program

DIVISION OFFICERS FINANCIAL LEADERSHIP SEMINAR

Oct 13 • 8:00 a.m.–3:30 p.m. | Pearl Harbor

This one-day training is for non-CFS trained E7s and above. It provides a basic understanding of typical military financial problems, how to deal with a financial crisis with one of your members, and creates an awareness of resources available.

HOME BUYING

Oct 25 • 4:30–6:30 p.m. | Pearl Harbor

Plan on buying a home? This is a great opportunity to gain a strong foundation for home purchase decisions and how to avoid unexpected expenses and stumbling blocks. Workshop focuses on the purchase decision process, steps to take before investing in a home, details of the purchase, and mortgage options.

MILLION DOLLAR SERVICE MEMBER

Oct 10-11 • 7:30 a.m.–3:30 p.m. | Pearl Harbor

Oct 17-18 • 7:30 a.m.–3:30 p.m. | Wahiawa

This two-day class is designed for junior Navy and Air Force personnel who will learn about proper budgeting techniques, credit management, savings and investment options, insurance, military pay and allowances, consumer rip-offs, how to obtain a loan, credit scores, report, and new and used car purchasing techniques.

PAYING FOR COLLEGE

Oct 12 • 3:00–4:00 p.m. | Pearl Harbor

This course is designed for those entering college now or in the near future. It will educate students how to research, compare and evaluate different college funding options based on their specific needs.

THRIFT SAVINGS PLAN (TSP)

Oct 4 • 10:00–11:30 a.m. | Pearl Harbor

The TSP is a retirement savings and investment plan for Federal employees and members of the uniformed services. Please join us for this one-hour class that will explain the benefits of the Thrift Savings Program, the different funds that are available to invest in, TSP withdrawals and much, much more.

WOMEN AND INVESTING

Oct 4 • 4:30–6:30 p.m. | Pearl Harbor

Women! Let's get started! It's easier than you might think! Statistics show women invest less often for a variety of reasons. Generally women work fewer years and earn less than men, yet live longer. Understand how investing can help you in the long run..

information and referral

AIR FORCE SPOUSE 101: HEART LINK

Oct 19 • 7:45 a.m.–2:00 p.m. | Hickam

Are you a new Air Force Spouse, about to become one, or have been one for a while but still have questions about the Air Force way of life? Are you interested in getting to know your community and all it has to offer; networking with others? If so, Heart Link is just for you! Join us for this fun program that will introduce you to all aspects of Air Force life, provide you with an opportunity to establish a peer network with other spouses who have been in your shoes, and help you learn valuable tools to adapt to the military way of life. Bring your appetite for a complimentary lunch!

EFMP COMMAND POC TRAINING (POC'S ONLY)

Oct 19 • 1:00–3:30 p.m. | Pearl Harbor

This training is designed for newly-designated Exceptional Family Member Program (EFMP) Points of Contact and will include: enrollment process and responsibilities; EFMP benefits for commands, service members and their

families; TRICARE for special needs families; and local military/civilian resource information. Contact the EFMP Liaison for more information.

ombudsman/fleet readiness group

FAMILY READINESS GROUP (FRG) LEADERSHIP TRAINING

Oct 10-11 • 8:30 a.m.–2:00 p.m. | Pearl Harbor

Designed to provide information that will help FRG leaders (President/Vice-President and Command Support Team (CST) Spouses) start a family support group, understand the role of leadership, run effective meetings and plan for homecoming. This skill-building training will generate ideas that will assist in making family support groups inviting and productive. To register, call 474-1999.

KEY SPOUSE CONNECT MEETING

Oct 5 • 9:00–11:00 a.m. | Hickam

Network with other Key Spouses/Mentors and discover community resources for disaster preparedness, relocation, and much more. Open to all appointed USAF Key Spouses, Commanders, and First Sergeants.

OMBUDSMAN BASIC TRAINING

Oct 2-5 • 5:00–9:30 p.m. | Pearl Harbor

Ombudsmen are required to attend training soon after their appointment by their Commanding Officer. Ombudsman Basic Training's nine modules provide the foundation to properly execute the ombudsman's duties. All Command Support Team (CST) and their spouses are encouraged to attend. To register, call 474-1999.

OMBUDSMAN / KEY SPOUSE ADVANCED TRAINING

Oct 17 • 6:00–8:00 p.m. | Lockwood Hall

Advanced training for personnel who are currently assigned as Ombudsmen or Key Spouse.

personal development

ANGER MANAGEMENT

Oct 30 • 9:00 a.m.–noon | Pearl Harbor

We all know what anger is, and we have all felt it: whether as a fleeting annoyance or as a full-fledged rage. Feeling anger is not unusual; it is a completely normal and healthy human emotion. It's how we channel that anger and emotion that's important. Join us for this class that is designed to help you better understand, channel, and control your anger.

CONFLICT RESOLUTION

Oct 12 • 1:00–3:00 p.m. | Pearl Harbor

This workshop helps people to manage conflict by examining their attitudes and behaviors when faced with conflicting situations. Learn how to prevent conflict from escalating and how to work with others to solve problems; this allows people to grow, missions to succeed and families to strengthen.

DEALING WITH DIFFICULT PEOPLE

Oct 24 • 1:00–3:00 p.m. | Pearl Harbor

Do you work with a Sniper or a Tank? How about a Cry Baby? Attend our workshop and learn all about those types of people who seem to create a toxic work environment for the rest of us. We can teach you some tips on how to identify who they are, why they get under our skin, and the best way to deal with each specific one.

DEVELOPING AND STRENGTHENING COMMUNICATION SKILLS

Oct 11, 18, 25 • 10:00 a.m.–noon | Pearl Harbor

Learn how relationships are rooted in how we communicate. Be able to assess yourself, and your significant other in terms of personality types. Help adults understand why they are attracted to the identity traits of their spouse or intimate partner. Finally, develop and sharpen new, more effective communication and conflict resolution skills.

(continued on next page)

HEALTHY RELATIONSHIPS FOR TEENS

Oct 11 • 2:00–4:00 p.m. | Pearl Harbor

One in three teens will experience a violent dating relationship by the time they reach adulthood. Dating is just one of the multitudes of challenges teens face. Teens attending the class, will learn the core elements of building Healthy Relationships: high self-esteem, qualities to look for in people, social media and keeping safe!

MEN'S ALTERNATIVES TO VIOLENCE GROUP

Oct 4, 11, 18, 25 • 1:00–3:00 p.m. | Pearl Harbor

This 20-week group addresses male violence toward their intimate partners. The group offers men alternatives to abusive behavior by increasing problem solving skills, identifying personal triggers, use of time-outs to reduce tension and making non-abusive choices in their behaviors. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

PEOPLE SKILLS FOR PROFESSIONAL DEVELOPMENT

Oct 10 • 10:00 a.m.–noon | Hickam

Would you like to master the art of people skills and maximize the impact of your first impressions? Having strong interpersonal skills can open many avenues in work and in life. This class will teach you about communication, conversation, and the value of soft skills in the workplace.

SKILLS DEVELOPMENT GROUP

Oct 4, 11, 18, 25 • 10:00 a.m.–Noon | Pearl Harbor

This eight-week group is designed to increase participants' conflict resolution skills in relationships. Topics include anger management, stress management, assertiveness training and common relationship issues. For more information, contact MFSC-Pearl Harbor and ask to speak to the group facilitator.

STRESS MANAGEMENT

Oct 16 • 9:30 a.m.–12:30 p.m. | Pearl Harbor

Stress is a normal psychological and physical reaction to the ever increasing demands of life. Most people experience challenges with stress at some point during the year. Over time, high levels of stress can lead to serious health problems; that is why managing your stress is so important. Learn how stress affects our personal and professional lives, how we can decrease the stress we are experiencing, and how to interrupt the stress cycle and use relaxation techniques.

TIME MANAGEMENT

Oct 2 • 1:00–3:00 p.m. | Pearl Harbor

Acquire skills to make better choices about time management and achieve your goals. Gain the personal understanding and practical skills to implement a customized framework for successful time management.

TRANQUIL SEAS: STRESS AND SELF CARE

Oct 23 • 1:00–3:00 p.m. | Pearl Harbor

Self-care is a critical element in managing stress, preventing burnout and achieving a sense of fulfillment. Evaluate ways you can build self-care into your daily routine, be mindful through your activities and reach your fullest potential.

WOMEN EMPOWERED GROUP

Oct 2, 16, 23, 30 • 10 a.m.–noon | Pearl Harbor

This self-development group aims to help women harness their own voices and strengths, learn to build healthy relationship, take actions towards personal growth. This group is held in a supportive and confidential atmosphere with opportunities to meet and share with others. For more information, contact MFSC-Pearl Harbor and ask to speak to the group facilitator.

WOMEN'S ALTERNATIVE TO VIOLENCE GROUP

Oct 5, 12, 19, 26 • 2:00–4:00 p.m. | Pearl Harbor

This 20-week group addresses women's violence toward their intimate partners. The group offers alternatives to abusive behavior by increasing problem solving skills, identifying personal triggers, use of time-outs to reduce tension and making non-abusive choices in their behaviors. For more information and to register, call MFSC-Pearl Harbor and ask to speak to the group facilitator.

WORK AND PERSONAL LIFE BALANCE

Oct 3 • 10:00a.m.–noon. | Pearl Harbor

Learn to manage everyday stressors to create a healthy work and personal life balance. This class will focus on strategies to create realistic expectations and challenge negative thinking patterns, while expanding your toolkit for maximum balance and well-being.

relocation assistance

SMOOTH MOVE

Oct 12 • 8:00–11:30 a.m. | Pearl Harbor

This workshop features speakers from various departments to give you a better understanding of the Permanent Change of Station (PCS) process such as: entitlements, travel regulations, shipping your vehicle, filling out necessary paperwork, clearing quarters, researching new base and location, and financial planning.

SPONSOR TRAINING

Oct 3 • 1:00–3:00 p.m. | Wahiawa

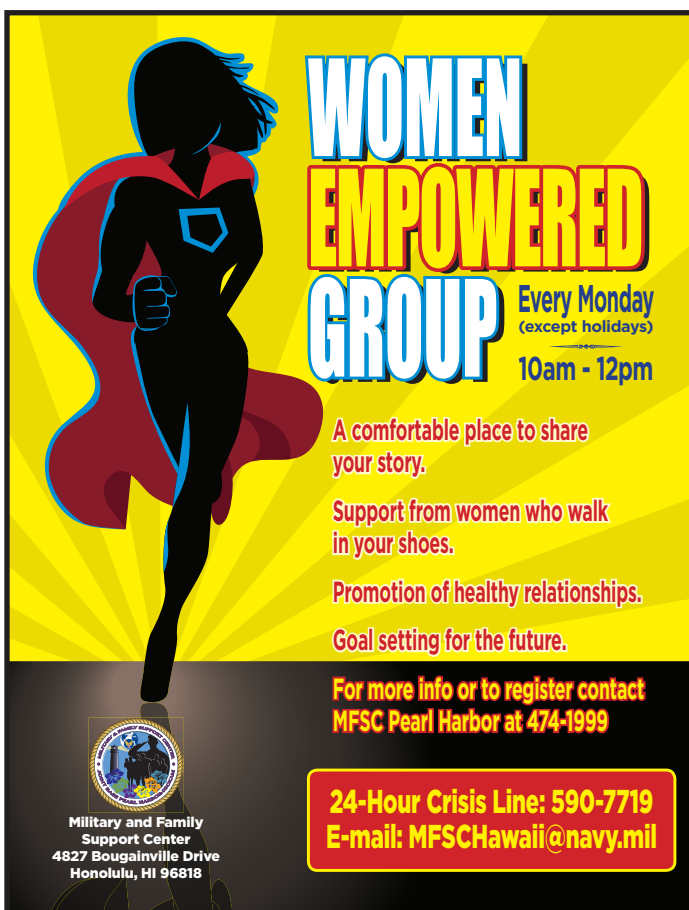
Gives the new sponsor information, resources, and tools needed to assist incoming personnel and families, in order to ease their transition to a new environment. Spouses are encouraged to attend.

sexual assault prevention & response (SAPR)

SAPR VICTIM ADVOCATE INITIAL TRAINING (VAIT)

Oct 23-27 • 8:00 a.m.–4:00 p.m. | Pearl Harbor

The VAIT is a 40 hour in-depth SAPR course that is designed to prepare an individual for the role and responsibilities of a US Navy SAPR Unit Victim Advocate.



WOMEN EMPOWERED GROUP Every Monday (except holidays) 10am - 12pm

A comfortable place to share your story.
Support from women who walk in your shoes.
Promotion of healthy relationships.
Goal setting for the future.

For more info or to register contact MFSC Pearl Harbor at 474-1999

24-Hour Crisis Line: 590-7719
E-mail: MFSC Hawaii@navy.mil

Military and Family Support Center
4827 Bougainville Drive
Honolulu, HI 96818

This is a highly interactive class that provides a comprehensive overview on the SAPR program/procedures, dynamics of sexual assault and victimization, response by the command, medical, legal, investigative, counseling, and advocacy personnel, as well as SAPR intervention and prevention strategies. Interested personnel should contact their respective SAPR POC or command leadership to express their interest in attending the class and becoming a Unit Victim Advocate. The command will in turn coordinate course registration with the SAPR office.

SAPR VICTIM ADVOCATE REFRESHER TRAINING

Oct 19 • 12:30–3:30 p.m. | Pearl Harbor

Refresher training is required to provide continuous education for current D-SAACP Certified US Navy SAPR Victim Advocates. Contact the Sexual Assault Response Coordinator for more information.

suicide prevention

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

Oct 5-6 • 8:00 a.m.–4:00 p.m. | Pearl Harbor Memorial Chapel

ASIST is a two day (15 hour) workshop that teaches suicide first aid intervention skills. Similar to the medical first aid concept, suicide first aid caregivers learn verbal intervention skills that apply potentially lifesaving techniques to reduce suicide risk. Attendees learn to be a more willing, capable and confident caregiver to those having thoughts of suicide. This is a very interactive workshop, where attendees learn and practice skills of identifying those at risk of suicide, how to better listen to and care for those at risk, and how to link them to appropriate resources. Class is sponsored by MFSC and CREDO.

safeTALK

Oct 27 • 8:00–11:00 a.m. | Pearl Harbor

Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. safeTALK trained suicide alert helpers learn to move beyond common tendencies to miss, dismiss or avoid suicide, identify people with thoughts of suicide, and apply the TALK steps (Tell, Ask, Listen, Keepsafe) to connect that person to suicide first aid caregivers.

SUICIDE PREVENTION AWARENESS

Oct 12 • 10:00–11:00 a.m. | Hickam

Learn ways to prevent suicide, including: building resilience, coping positively with life stress and relationships with peers, co-workers and families. Identify risk and protective factors that raise suicide risk, and how to apply ACT (Ask, Care, Treat). *Counts as Navy Suicide Prevention GMT.

transition assistance

AFTER GPS

Oct 27 • 8:00 a.m.–3:00 p.m. | Hickam

A follow-on to the 5-day TGPS workshop; informative briefs including Survivor Benefit, Tricare, Veterans Affairs, Workforce Development Office, and CAPSTONE prep. This workshop also includes an employer panel to assist you in understanding the civilian hiring process and how to best present yourself as the best candidate.

CAPSTONE EVENT

Oct 5, 12, 19, 26

7:30–8:30 a.m. • 9:00–10:00 a.m. • 10:30–11:30 a.m. | Pearl Harbor

The final mandatory step in Transition; measures a service member's transition readiness from the military to civilian life. Referrals to external agencies that offer additional assistance to ensure a successful transition to civilian life provided as needed. Capstone must be completed no later than 90 days prior to separating/retiring. A prerequisite for this event is Transition GPS (Goal, Plans, and Success).

TRANSITION GPS: ACCESSING HIGHER EDUCATION

Oct 3–4 • 8:00 a.m.–3:00 p.m. | Pearl Harbor

The course is designed to guide participants through the complicated decisions involved in choosing a degree program, college institution, and funding, as well as completing the admissions process. Academic acculturation and connection to veteran student organizations is also a key part of service members' academic success and is integrated into this learning course.

TRANSITION GPS: BOOTS TO BUSINESS

Oct 10–11 • 8:00 a.m.–4 p.m. | Pearl Harbor

This two-day seminar, provided by the U.S. Small Business Administration, will assist participants in understanding the steps, stages, and activities related to launching and growing a business as a post-military career and provide training and orientation to the fundamental tools and strategies associated with executing plans to launch a new business.

TRANSITION GPS (GOALS, PLAN, SUCCESS) FOR SEPARATEES

Oct 2–6 • 7:30 a.m.–4 p.m. | Pearl Harbor

Oct 16–20 • 7:30 a.m.–4 p.m. | Pearl Harbor

Oct 30–Nov 3 • 7:30 a.m.–4 p.m. | Pearl Harbor

This mandatory 5-day workshop provides transitioning service members with an intensive transition overview including information and referral for veteran's benefits and services, individual transition plan consultation, MOC Crosswalk and GAP Analysis instruction, and a 3-day Department of Labor Employment Workshop. Plan to attend within one year of separation. Spouses are encouraged to attend. Navy members must register through their CCC. Air Force members may register through a transition counselor at the MFSC.

USAF CAPSTONE

Oct 17 • 1:00–3:00 p.m. | Hickam

For Air Force personnel; option to attend Capstone at our Hickam classroom (Bldg 1105). Capstone is the final mandatory step in Transition; measures a service member's transition readiness from the military to civilian life.. Referrals to external agencies that offer additional assistance to ensure a successful transition to civilian life provided as needed. Capstone must be completed no later than 90 days prior to separating/retiring. A prerequisite for this event is Transition GPS (Goal, Plans, and Success). Air Force personnel may also opt to attend Capstone at MFSC (Thursdays).

USAF PRE-SEPARATION BRIEFING

Oct 4, 11, 18, 25 • 8:00 a.m.–11:00 a.m. | Hickam

DoDI 1332.35 mandates separating and retiring members receive Pre-Separation Counseling NLT 90 days prior to separation. Attending 12 months prior for separatees and 24 months prior for retirees is highly encouraged. This mandatory counseling covers VA benefits and entitlements, employment, education, medical, and community resources, among others.

Military & Family Support Center Locations

MFSC-Hickam

655 Vickers Avenue, Bldg. 1105
474-1999

Mon–Fri: 7:30 a.m.–4 p.m.

MFSC-Pearl Harbor

4827 Bougainville Drive
474-1999

Mon–Fri: 7 a.m.–4 p.m.

MFSC-Wahiawa Annex

500 Center Street, Bldg. 392
Wahiawa, HI 96786

474-1999

Tue–Thu: 7 a.m.–3:45 p.m.

food&drink

JOINT BASE CATERING

Office next to Wright Brothers Café • 448-4608 Ext. 16
 Mon, Sat Appointment only
 Tue–Fri 0900–1600
 Sun Closed

DINING FACILITIES/GALLEYS (ACTIVE-DUTY ONLY)

Hale Aina DFAC • Hickam Bldg. 1860 • 449-1666
 Mon–Fri 0600–0830, 1100–1300, 1700–1830
 Sat, Sun, Holidays 0630–0830, 1100–1300, 1700–1830
 Silver Dolphin Bistro Galley • Bldg. 655 • 473-2948
 Mon–Fri 0615–0730, 1100–1230, 1615–1730
 Sat, Sun, Holidays 0615–0730, 1030–1230, 1615–1730

RESTAURANTS & CASUAL DINING

LA FAMILIA MEXICAN RESTAURANT

At Keʻalahi Par 3 Golf Course • 422-9987
 Mon–Sat 1000–2100
 Sun 1000–2000

THE LANAI AT MAMALA BAY

3465 Mamala Bay Drive, Hickam Harbor • 422-3002
 Mon–Thu, Sun 1100–1400, 1700–2100
 Fri, Sat 1100–1400, 1700–2100
 Hapa Bar
 Mon–Thu, Sun 1100–2000
 Fri, Sat 1100–2100

MOLLY'S BBQ & SEAFOOD

At Barbers Point Golf Course • 600-9656
 Mon–Thu, Sun 0630–2100
 Fri, Sat 0630–2400

RESTAURANT 604

57 Arizona Memorial Drive, Rainbow Bay • 888-7616
 Mon–Thu 1030–2200
 Fri 1030–2300
 Sat 0930–2300
 Sun 0930–2200
 Aloha Hour
 Mon–Fri 1500–1700

TRADEWINDS ENTERTAINMENT CENTER

150 McClelland Street, Bldg. 1804
 COMING IN 2017!

WRIGHT BROTHERS CAFÉ & GRILLE

901 Worthington Avenue • 448-4608 Ext. 39
 Mon–Fri 0630–1000, 1030–1330
 Sat 0700–1330
 Sun 0700–1030

SNACK BARS

HARBOR GRILL

Inside Naval Station Bowling Center • 473-2574
 Mon 0700–1330, 1700–2100
 Tue–Thu 0700–2100
 Fri 0700–2200
 Sat 0800–2200
 Sun 0830–1730

KAU KAU KORNER

Inside Hickam Bowling Center • 448-9959
 Mon–Thu 1000–2030
 Fri 1000–2200
 Sat 0900–2200
 Sun 0900–2030

MAMALA BAY SNACK BAR

At Mamala Bay Golf Course • 449-2307
 Daily 0630–1800

PLANET SMOOTHIE

At the Hickam Fitness Center • 422-1145
 Mon–Fri 0700–1900
 Sat 0800–1400

FAST FOOD

FATBURGER

Inside Beeman Center Bldg. 711 • 312-3457
 Daily 1000–2200

PIZZA HUT

At the Club Pearl Complex • 423-2222
 TEMPORARILY CLOSED

TACO BELL

At the Club Pearl Complex • 422-2274
 TEMPORARILY CLOSED

BARS

BREWS & CUES • 473-1743

Temporarily located in Bldg. 1557, North Road
 Mon–Thu 1300–2200
 Fri–Sat 1300–2300
 Sun Closed

THE COUNTRY BAR

At the Club Pearl Complex • 473-1743
 TEMPORARILY CLOSED

KOA LOUNGE

At the Historic Hickam Officers' Club • 448-4608
 Wed 1600–2100
 Thu 1600–2200
 Fri 1600–2300

10th PUKA LOUNGE

At Keʻalahi Par 3 Golf Course • 448-9890
 Mon, Tue, Sun 1100–2230
 Wed–Sat 1100–2300

programs&services

AQUATICS

Arizona Pool (Ford Island) • 472-7582
 Open Swim (summer months):
 Mon–Fri 1300–1700
 Sat, Sun, Holidays 1200–1700
 Hickam Training Pool, Hickam Bldg. 1122 • 449-8274
 TEMPORARILY CLOSED

Pool 2, Hickam Bldg. 425 • 260-9736

Open Swim:
 Mon, Tue Closed
 Wed–Fri 1300–1700
 Sat, Sun 1200–1700

Scott Pool, Pearl Harbor Bldg. 1511 • 473-0394

Lap Swim:
 Mon–Fri 0500–0700, 1100–1300
 Mon–Thu 1700–1900
 Sat, Sun 1000–1200

Open Swim:
 Mon–Wed, Fri 1300–1700
 Sat, Sun, Holidays 1200–1700

Towers Pool (Makalapa) • 471-9723

Lap Swim:
 Mon–Fri 1100–1300
 Open Swim:
 Sat, Sun 1200–1700

ARTS & CRAFTS CENTER

Hickam Bldg. 1889 • 448-9907
 Ceramics & Frame Shop
 Mon, Sun Closed
 Tue–Sat 0900–1700

Engraving Shop

Mon, Sat, Sun Closed
 Tue–Fri 0900–1700

Gallery/Office

Mon–Fri 0900–1700
 Sat, Sun Closed

Sales Store

Mon, Sun Closed

Tue–Thu 1000–1800
 Fri, Sat 0900–1700

Wood Hobby Shop • 448-9911

Mon Closed
 Tue–Thu 1300–1900
 Fri–Sun 1000–1700

AUTO SKILLS CENTERS

Flight Crew Motorcycle 422-6202, 548-8813
 Hickam ASC, Bldg. 4002 • 449-2554

Mon, Sun Closed
 Tue–Fri 0700–1700
 Sat 0900–1700
 Hickam Car Wash • 449-2554
 Daily 0800–2000

Moanalua ASC (off-base) • 471-9072

Mon, Thu, Fri 1200–2000
 Sat, Sun 0900–1700
 Tue, Wed Closed
 Car Wash at Moanalua ASC • 471-9072
 Daily 0700–2000

Towing Service • 449-2554

BOWLING CENTERS

Hickam Bldg. 1891 • 448-9959
 Mon, Tue, Thu 1100–2100
 Wed 1000–2100
 Fri 1000–2400
 Sat 0900–2400
 Sun 0900–2100
 Holidays 1200–1800

Naval Station Bldg. 1736 • 473-2574

Mon 1100–1330, 1700–2100
 Tue–Thu 1100–1300, 1700–2100
 Fri 1100–1300, 1700–2230
 Sat 0900–2230
 Sun 1100–1800
 Holidays Closed

The Escape at Wahiawa Annex • 473-2651

Fri 1900–2200

CHILD DEVELOPMENT CENTERS

Center Drive CDC • 471-1978
 Ford Island CDC • 472-0262
 Hickam/Harbor CDC • 448-0183
 Hickam/Main CDC • 449-9880
 Hickam/West CDC • 449-5230
 Kids Cove • 421-0989
 Naval Station CDC • 473-2669
 Peltier CDC • 471-9336
 Wahiawa CDC • 653-5305

CHILD DEVELOPMENT HOMES PROGRAM OFFICE

530 Peltier, Bldg. 1925 • 471-8445
 Mon–Fri 0800–1700
 Sat, Sun Closed

FITNESS & SPORTS CENTERS

Family Fitness Center Bldg. 1681 • 471-2019
 Mon–Fri (unstaffed) 1000–1700

Hickam Bldg. 1120 • 448-2214

Mon–Fri 0430–2130
 Sat, Sun 0700–1700
 Holidays Closed

JBPHH-Pearl Harbor Bldg. 1338 • 471-2019

Mon–Fri 0400–2130
 Sat, Sun, Holidays 0700–1700

Naval Station Gym Bldg. 667 • 473-2436

Mon, Wed, Fri 0500–1730
 Tue, Thu 0500–1500
 Sat, Sun, Holidays Closed

Wahiawa Annex Bldg. 446 • 653-5542

Mon–Fri 0500–2100
 Sat, Sun 1200–1700
 Holidays 1000–1500

Open 24 hours a day, 7 days a week (unstaffed):

Ford Island Bldg. 55
 Kunia Bldg. 446
 Makalapa Bldg. 388
 West Loch Bldg. 621

GOLF COURSES

Barbers Point Golf Course, Essex Rd., Bldg. 2249 • 682-1911	
Daily Tee Times & Pro Shop	
Mon–Sun	0630–1830
Driving Range	
Mon, Wed–Sun	0630–1800
Tue	0930–1800
Ke‘alahi Par 3 Golf Course, Hickam Bldg. 2105 • 448-2318	
Mon, Wed–Sun	0630–2200
Tue	0630–2100
Mamala Bay Golf Course, Hickam Bldg. 3571 • 449-2304	
Mon–Fri	0630–1800
Sat, Sun (Holidays)	0615–1800
Pro Shop	
Mon–Fri	0630–1800
Sat, Sun (Holidays)	0615–1800
Navy-Marine Golf Course	
Valkenburgh at Radford Drive • 471-0142	
Daily Tee Times	0700–1830
Pro Shop	
Mon–Sun	0630–1830
Driving Range	
Mon–Wed, Fri–Sun	0630–2100
Thu	1030–2100

HOUSING

Ohana Military Communities Family Housing • 474-1820, 839-8690
 Hickam Communities Family Housing • 448-0856, 423-7788
 Unaccompanied Housing • 473-5995

INFORMATION, TICKETS & TRAVEL

ITT-Barbers Point, White Plains Beach • 682-2019	
Mon–Sat	0900–1800
Sun, Holidays	0900–1500
ITT-Fleet Store, Pearl Harbor • 473-0792	
Travel Connections-Pearl Harbor • 422-0139	
Mon–Fri	0900–1800
Sat	0900–1600
Sun, Holidays	Closed
ITT-Hickam, Bldg. 1760 • 448-2295	
Mon–Fri	0900–1700
Sat	0900–1300
Sun, Holidays	Closed
ITT-NEX Mall • 422-2757	
Travel Connections-NEX Mall • 422-4067	
Mon–Fri	0900–1800
Sat	0900–1700
Sun, Holidays	0900–1500
ITT-Wahiawa, Bldg. 551 • 564-4445, 564-4446	
Mon, Wed, Fri	1000–1600
Tue, Thu, Sat, Sun, Holidays	Closed
ITT Recreation Ticket Vehicle • 630-3080	

INTRAMURAL SPORTS OFFICE

Pearl Harbor Bldg. 667 • 473-2494 or 473-2437	
Mon–Fri	0700–1530
Sat, Sun	Closed

LIBERTY CENTERS (SINGLE ACTIVE-DUTY E1–E6 ONLY)

Beeman Center (Naval Station) • 473-2583	
Daily	1000–2300
Instant Liberty (Club Pearl Complex) • 422-7167	
TEMPORARILY CLOSED	
Liberty Express (Wahiawa Annex) • 653-0220	
Mon–Sat	1500–2200
Sun	1400–2100

LIBRARY

Hickam Bldg. 595 • 449-8299	
Mon, Wed, Fri, Sat	1000–1800
Tue, Thu	1100–2000
Sun, Holidays	Closed

MARINAS

Hickam Harbor Marina, Bldg. 3455 • 449-5215	
Mon	Closed
Tue–Sun	0900–1700
Rainbow Bay Marina, Bldg. 103 • 784-0167	
Mon	Closed
Tue–Sun	0900–1700

MILITARY & FAMILY SUPPORT CENTER

Hickam, 655 Vickers Ave. • 474-1999	
Mon–Fri	0730–1600
Sat, Sun	Closed

Pearl Harbor, 4827 Bougainville Dr. • 474-1999	
Mon–Fri	0700–1600
Sat, Sun	Closed

Wahiawa Annex, Bldg. 392 • 474-1999	
Mon, Fri–Sun	Closed
Tue–Thu	0700–1545

MORALE, WELFARE & RECREATION (MWR) ADMIN

Bloch Arena • 473-0787	
Mon–Fri	0800–1630
Sat, Sun	Closed

MOVIES

Sharkey Theater, Pearl Harbor • 473-0726	
Mon–Wed	Closed
Thu, Fri	1900 showtime
Sat, Sun	1430, 1645 & 1900 showtimes
Memorial Theater, Hickam • 448-2297	

NAVY GATEWAY INNS & SUITES

(Open 24 hours a day, 7 days a week)

Pearl Harbor Side of JBPHH • 808-800-2337	
Arizona Hall (Bldg. 1623)	
Hale Ali'i (Bldg. 1315)	
Lockwood Hall (Bldg. 662)	
Makalapa (Bldg. 372)	
Hickam Side of JBPHH • 808-800-2330	
Royal Alaka'i (Bldg. 1153)	

OUTDOOR RECREATION

Aikane Sport Fishing • 423-1113	
Dive Oahu, Pool 1 • 922-3483	
Hickam Beach (lifeguards on duty)/Surf Shack	
Fri–Sun	1000–1700
Outdoor Adventure Center-Fleet Store • 473-1198	
Mon–Fri	0900–1800
Sat	0900–1600
Sun	0900–1300
Holidays	Closed
Outdoor Recreation-Hickam Harbor • 449-5215	
Mon, Holidays	Closed
Tue–Sun	0900–1700
Skateboard Hangar • 448-4422	
Wentworth Tennis Center • 473-0610	
White Plains Beach/Surf Shack • 682-4925	
Daily	1000–1700

RENTALS

Barbers Point Beach Cottages • 682-3085	
Conference Centers • 472-0342	
Foster Point Pavilion • 449-5215	
Hickam Beach Cabanas • 449-5215	
Makai Recreation Center • 449-3354	
Pearl Party Patios • 473-1198	
Outdoor Recreation Equipment Rentals:	
Hickam Beach • 449-5215	
Pearl Harbor • 473-1198	
White Plains Beach • 682-4925	
Recreation & Party Equipment Rentals:	
Hickam Bldg. 1760 • 449-6870	

YOUTH PROGRAMS

School-Age Care	
Catlin • 421-1556	
Hickam • 448-4396	
School Liaison Officer (K–12)	
4827 Bougainville Drive • 471-3662, 471-3673	
Mon–Fri	0800–1700
Sat, Sun	Closed
Teen Center (ages 13–18) • 448-0418	
School year:	
Mon–Thu	1400–2000
Fri	1400–2100
School vacations:	
Mon–Fri	1200–2000
Weekends:	
Sat	1330–2130
Sun	Closed
Youth Sports & Fitness	
Office, Bloch Arena • 473-0789	
Mon–Fri	1100–1730
Sat, Sun	Closed
Gymnastics, Pearl Harbor Bldg. 1680 • 422-2223	

naf jobs

NAF Human Resources. 422-3784
 600 Main St., Bldg. 3456

Job Opportunities

Join our team and start working with the military in Hawaii. Search for civilian positions with our Fleet and Family Readiness organization. Our team includes great individuals who work in recreation and sports, child care, hotel and food service, and business positions.

Continuous Recruitment:

Child & Youth Program (CYP) Assistant
 CYP Cook
 CYP Food Service Worker
 Cashier/Checker
 Club Operations Assistant
 Cook
 Food Service Worker
 Waiter/Waitress

Community Recreation Assistant
 Library Aide
 Motor Vehicle Operator (Tour Escort)
 Recreation Aide/Wood Shop
 Recreation Assistant/Auto Skills
 Recreation Assistant/Liberty Program
 Recreation Assistant/Lifeguard
 Recreation Assistant/Sailing

Automotive Worker
 Custodial Worker
 Custodial Worker (Housekeeping)
 Laundry Worker

How to Apply:

Obtain posted NAF job application at **www.greatlifehawaii.com**. Application and any required documents should be submitted to:

CNRH FFR

Attn: NAF Human Resources
600 Main Street, Bldg. 3456
Honolulu, HI 96818

or email to: nafhr@greatlifehawaii.com

or fax to: **808-422-3782**

*Commander Navy Region Hawaii (CNRH)
 is an Equal Employment Opportunity
 Employer (EEOE)*

Movie Night at Hickam Family Pool

TIM BURTON'S THE NIGHTMARE BEFORE CHRISTMAS

Friday, Oct 27
6 – 9 p.m.

Join us for
Hickam Family
Pool's last
Movie Night
of the year!

Free showing of
"The Nightmare Before
Christmas" on our outdoor screen.
Doors open at 6 p.m. Movie begins
at sundown. (Shallow end of pool will be open for patrons
throughout movie. Individual sized floaties allowed.)
Costume Contest! Prizes will be given for the
scariest, most creative, and the cutest. Contest
winners will be announced before screening.
Complimentary Popcorn up for grabs
while supplies last!



For more info, call 260-9763.
greatlifehawaii.com



Wahiawa Annex Block Party HARVEST Festival

Fri, Oct 20
3:30 - 5:30 p.m.
Wahiawa Annex Sports Field
FREE

Join MWR for a harvest festival
to kick off the weekend!

- Halloween Costume Contest
 - Adult contest @4pm
 - Children contest @4:30pm
- Harvest Games
- Delicious Food
- Giveaways and Other Fun Contests and Activities

www.greatlifehawaii.com



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